# THE INDOOR GENERATION

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# SPECIAL THANKS

Without further ado, we would like to thank:

## The Editorial Staff

### Teachers:

- Simona Beldie - Headmistress CNME
- Luminița Popescu - Deputy Headmistress CNME
- Celesta Popa - Main Coordinator of the magazine; English teacher CNME
- Nicoleta Popescu - English Teacher CNME
- Carmen Vîrlan - English Teacher CNME
- Lucia Popescu - English Teacher CNME
- Ramona Cristea - English Teacher CNME

### Students:

#### Graphics:

**Chiefs of graphics:**

**Crișcov Alessia-Ioana - 9H**

**Dancă Sara-Ioana - 9C**

- Ariciu Ioana - 9B
- Blesneac Mara Andreea - 9E
- Chiricioiu Andreea - 9C
- Dragomir Cristiana - 9A
- Flăcău Maria Cristina - 10H
- Ionescu-Maniero Simona - 12E
- Luca Bianca Ștefania - 9B
- Nicolae Iuliana Maria - 9F
- Oroviceanu Felicia - 11B
- Pană Daria Maria - 9C
- Potop Alexandra Maria - 9A
- Șerban Maya Elena - 9C

#### Editorial:

**Chief of editorial:**

**Codreanu Elena - 11D**

- Doșanu Laura - 11A
- Datcu Amalia - 10D
- Dumitrescu Ioana Mădălina - 10A
- Enculescu Ioana - 9C
- Hristache Rebecca-Maria - 9C
- Moroșanu Ana-Maria - 11A
- Nazarevscky Diana Florentina - 10E
- Porumb Raluca - 9H
- Rădulescu Ioan Mihail - 9H
- Stanciu Iulia - 9H
- Stroie Ana Carmen - 9B
- Trăsnitu Daniel-Adrian - 12C
- Andrei Daria Ioana - 9A
- Buciuman Teodora Ioana - 9E
- Coman Natalia-Elena - 9A
- Covaci Maria Andreea - 9C
- Cruceanu Tudor - 10A
- Diaconu Ștefania-Jasmine - 9C

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# EVENTS IN OUR SCHOOL

# SPEAK OUT

The 15th edition of the English Monologue Contest „Speak Out", was held on March , 3rd at Kretzulescu High School, Bucharest. The contest was an initiative of EDAR (Educational Drama Association in Romania). EDAR is a nonprofit association aimed at bringing together lovers of art, literature and theatre, at promoting free, original thinking, creative writing, community pro-active attitudes and performing arts. EDAR supports projects addressing the community and hopes to develop and provide the resources for drama as an elective. The juries were teachers from M Eminescu National College Matei Basarab National College, Kretzulescu High School and George Toparceanu school.





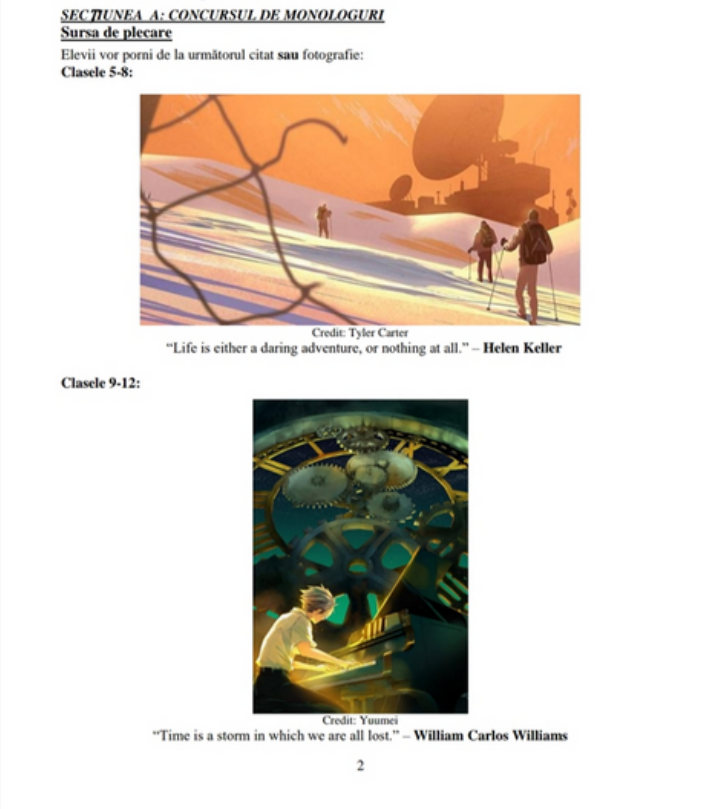



Out of 80 students, 4 students were qualified to the next level of the Contest, that would take place on June, at Baia Mare. We are very proud to announce there are three winners from `Mihai Eminescu` National College:

- Briana Popescu, 7A, written section, coordinating teacher Celesta Popa
- Andrei Cirstea, 10 E, coordinating teacher Carmen VIrlan and Celesta Popa
- Andrei Tanasa, 12 A, coordinating teacher Carmen VIrlan and Celesta Popa

This Competition is an annual opportunity for pupils all over the country to show their oral skills in monologues as well as their writing skills. This year they faced the following challenges:

Oral section:



***SECȚIUNEA A: CONCURSUL DE MONOLOGURI***
**Sursa de plecare**
Elevii vor porni de la următorul citat **sau** fotografie:
**Clasele 5-8:**



Credit: Tyler Carter
"Life is either a daring adventure, or nothing at all." – **Helen Keller**

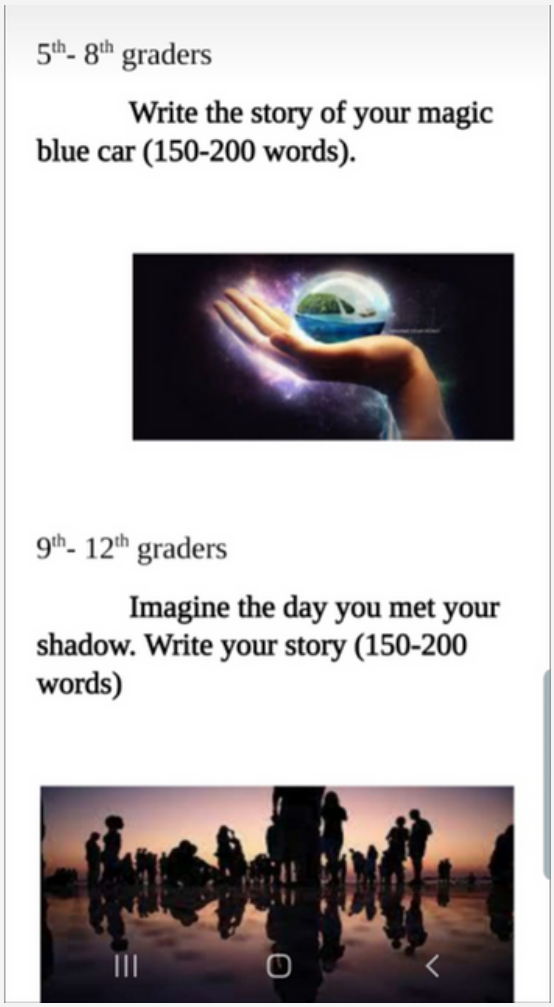
**Clasele 9-12:**



Credit: Yuumei
"Time is a storm in which we are all lost." – **William Carlos Williams**

2

Writing section:



5th- 8th graders

**Write the story of your magic blue car (150-200 words).**

9th- 12th graders

**Imagine the day you met your shadow. Write your story (150-200 words)**

Written by: Celesta Popa, English teacher, Speak Out school coordinator
Desigend by: Codreanu Elena

# ENGLISH OLYMPIAD RESULTS

The English Olympiad is an annual contest which measures a student's capabilities in solving different subjects related to English grammar and language.

We have registered extensive attendance from both of our middle school colleagues and upper grade students who have obtained adequate results, in accordance to their extensive preparations.

We have seen increased attendance from grades 9th and 11th ,with slightly less attendance followed by the 10th and 12th graders. Although the second case is fairly understandable, we would've liked to see better presence from the 10th grade students, which didn't fail however to deliver in the aspect of quality.

For starters, we would like to compare the attendance values of the year 2023: Sector 2 appears to have had the highest attendance number in both years, as well as the "award" for the most students that qualified to the national stage. Following right behind is sector 4, with 43 attendees and 11 qualified. Sector 1, 5, 6 tend to register a lower number of participants, but nonetheless manage to obtain a relatively high number of qualified students, in accordance to their total number. In order to get an accurate degree of evolution in reference to the general results of students in Bucharest, we will portray a comparison between the years 2022 and 2023. Sector 1 registered a loss of 10 qualified students(17vs7), while Sector 2 positively received an equal number (6vs16). Sectors 3,4 and 5 maintain constant results, with losses/gains not higher than 3 qualified students. Sector 6 managed to get 4 qualified students in comparison to their 2022 registered value of 0.

| | | |
|---|---|---|
| A | 9 | 87(2), 85, 82(4), 80, 79, 76, 75, 70 |
| | 10 | 85, 82, 81, 78, 76(2) |
| | 11 | 90, 85(3), 83, 79(3), 78(2), 74(4), 70, 69, 68 |
| | 12 | 95, 85, 83 |
| B | 9 | 90(2), 88, 87, 86, 85(3), 84, 82, 78(2), 77, 76, 75, 73 |
| | 10 | 90, 82, 80, 70 |
| | 11 | 95, 90, 87(2), 84, 83, 80, 75 |
| | 12 | N/A |

**Our high school get 2 people (Moroșanu Ana, 11A- coordinated by Popa Celesta and Badea Denis, 12G- coordinated by Vârlan Carmen) with the status of `qualifiable`, meaning they would have passed with 95, but sadly they got 94.**

our general degree of proficiency, with none other than our students being responsible for both success and failure, as they have gotten close, but perhaps not close enough to obtain qualification.

We are hoping that next year will bring even more fortunate results and we do wish good luck to all of our respectable colleagues from across the country and especially to those closest to us in our school, in such way that we shall witness even better results and a fair correction service, as we have always been used to.

**Written by: Cruceanu Tudor & Coman Natalia**

**Designed by: Pană Daria**

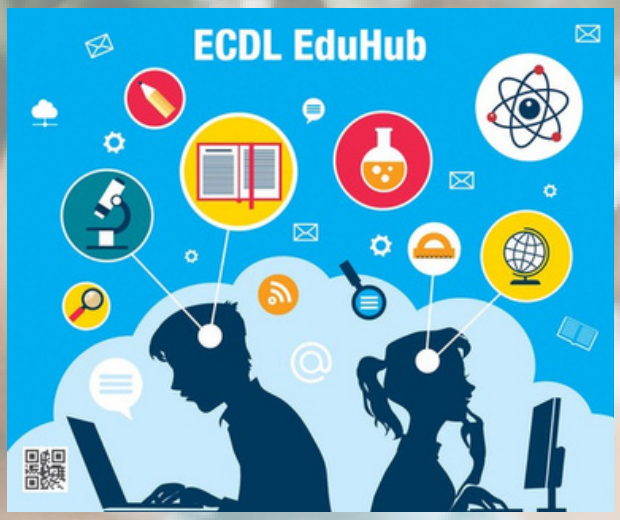
# ECDL

- ECDL/ ICDL is the most widely recognized digital skills certification program internationally recognized in over 100 countries.
- The ECDL/ ICDL permit provides its holder and proves the IT knowledge necessary in the new information society, which is in continuous development.
- The ECDL/ ICDL permit obtained in Romania is valid in any of these countries.
- The ECDL/ICDL programme is administered worldwide by the ICDL Foundation headquartered in Dublin, Ireland.
- The ICDL Foundation is an international organization dedicated to developing digital competency standards at the workforce level, in education and in society at the level of society at large. Certification programs, offered through an active global network, allow individuals and organizations to evaluate, develop and certify competencies in the use of computers and other digital tools, based on the globally recognized ICDL standard.
- ICDL Foundation is a non-profit organization, its role being to promote, develop and certify computer operating skills and IT knowledge.



## To whom is ECDL addressed?

- The European Computer Driving Licence (ECDL) was created to help holders of this certificate both in their careers, at school and in their daily lives.
- Pupils and students will enjoy through ECDL an enriched educational experience and will be much better prepared for life, work and further study.
- IT competences enable teachers to use technology more efficiently in the teaching process and thus the educational objectives are achieved efficiently, thereby saving time and increasing productivity in classes.




## ECDL:

- ECDL certifications are addressed to any person who wants and needs to certify their computer skills to an internationally recognized standard.
- There is no age limit for enrollment in the ECDL certification program.
- Young people, pupils, students, civil servants or employees in companies can prove their IT skills through ECDL certifications.
- Internationally, 14 million people are registered in the program, while in Romania more than 250,000 candidates have obtained or are in the process of obtaining the ECDL Permit.

## ECDL advantages:

ECDL has a number of advantages for both candidates and employers and society in general.

**Advantages of the ECDL program for candidates:**

- Opens up new opportunities to get a better job or a scholarship
- abroad. Obtaining an internationally recognized certification.
- Improving career promotion prospects Increases competence, self-confidence and motivation.
- Decreases the likelihood of losing a job offer Provides a basis for further specializations Students who hold the ECDL License can equate their digital skills test in the Exam National Baccalaureate.
- Teachers in pre-university education who hold the ECDL Permit can benefit from transferable professional credits and the ECDL Permit is recognized when evaluating the file for competitions for filling teaching positions.

COLEGIUL NATIONAL MIHAI EMINESCU

One of the offices where this exam is carried out is also the National College " Mihai Eminescu"

Date of accreditation: 2007-12-04




**Written by: Dumitrescu Ioana**
**Coordinated by: Cristea Ramona**
**Designed by: Nicolae Iuliana**

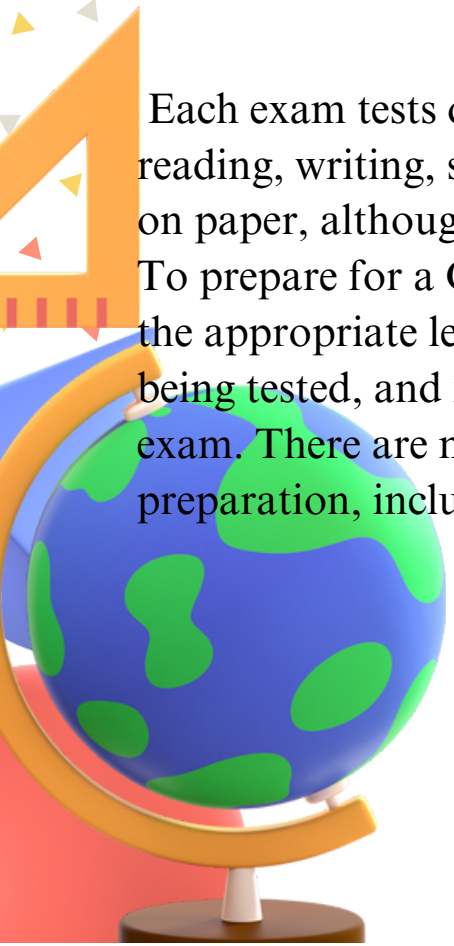
# ABOUT CAMBRIDGE EXAMS

The Cambridge Assessment English exams are a series of English language proficiency tests designed to assess the language ability of non- native English speakers. They are offered at a range of levels, from beginner to advanced, and are recognized by universities, employers, and governments around the world as a reliable measure of English language skills.

There are several exams offered by Cambridge Assessment English, including:

· **Cambridge English: Key (KET)**
· **Cambridge English: Preliminary (PET)**
· **Cambridge English: First (FCE)**
· **Cambridge English: Advanced (CAE)**
· **Cambridge English: Proficiency (CPE)**

Each exam tests different aspects of English language ability, such as reading, writing, speaking, and listening. The exams are typically taken on paper, although some are also available in a computer-based format. To prepare for a Cambridge English exam, it is recommended to study the appropriate level of English language material, practice the skills being tested, and familiarize yourself with the format and content of the exam. There are many resources available to help with exam preparation, including textbooks, practice tests, and online resources.



Our college became **ADDVANTAGE** partner with British Council and our students can benefit from this by taking the Cambridge examinations at our premises, as the exams will be organized at our college location.

Therefore, we announce that the first exam for this year took place on 22nd of February for PET and CAE levels. All candidates for CAE level successfully passed the exam. For PET we are still waiting for the results.

At the end of May 2023 we intend to organize another session, for FCE exam, provided we enroll a minimum of 20 candidates.

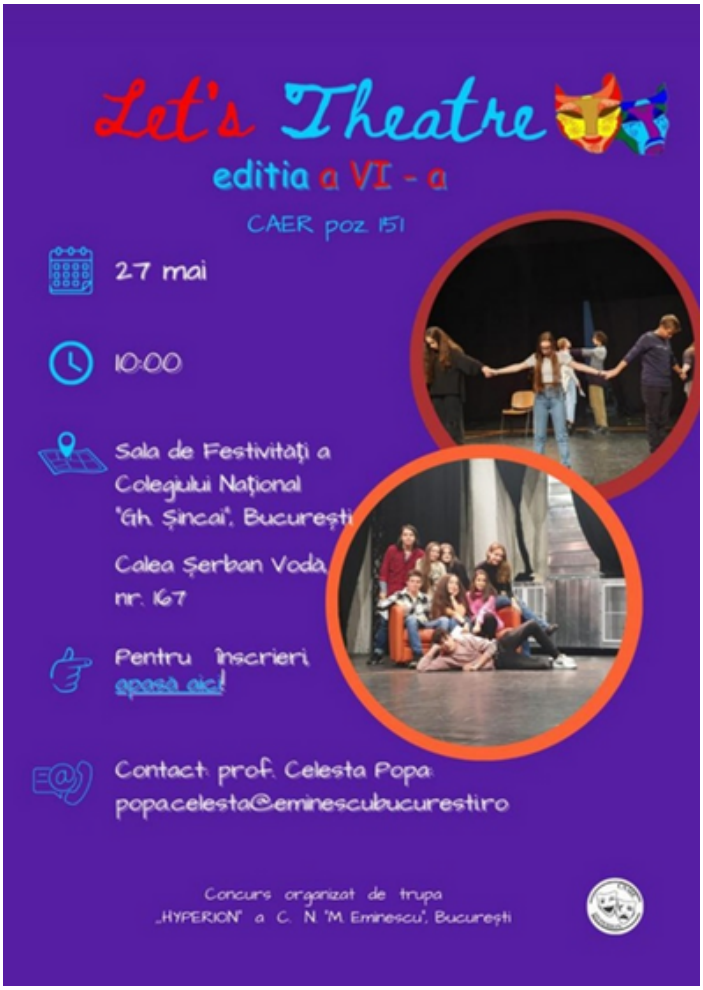


Written by: prof. Nicoleta Popescu
Designed by: Dragomir Cristiana

# Theatre time!

Festivals and contests are important events where the end product of the work is sensed by everybody involved. Competitions offer a chance for participants to gain substantial experience, showcase skills, analyze and evaluate outcomes. Competitions also encourage students to adopt innovative techniques and develop their ideas and skills. This is how "Let's Theatre" and "ImproVis" were born.

This spring is packed with lots of drama activities our students from Hyperion drama group are very excited to take part to: ImproVis, Let's Theatre, My Fest, Vocea teatrului licean bucurestean.




• The purpose of Let's Theatre! is to harness the power of the dramatic arts of students from the primary school, middle school and high school, assessing their English language skills in drama. It aims to encourage children and teenagers to master drama, speech arts such us poems and monologues. This unique experience will empower them for a lifetime of success in their personal and professional lives. The participants will have the occasion to show their talents and competitions offer students a chance to meet new people and make friends from other schools. The competition is produced under the general administration and management of the Ministry of education, is hosted by the National College Gh Sincai from Bucharest.

• My Fest is a drama contest in English taking place at Kretzulescu High School in the month of May 2023.

• ImproVis is about improvision, of course, and this spring is at its first edition




• The 2nd edition of " the Festival" ***VOCEA TEATRULUI LICEAN BUCUREȘTEAN***, a cultural project initiaed by Primăria Municipiului Bucureşti prin Direcția Cultură, Învățământ, Turism alături de Teatrul Mic, Teatrul Metropolis, Teatrul Evreiesc de Stat, Bulandra, Teatrul Dramaturgilor Români, Teatrul Excelsior Bucuresti, Teatrul Nottara, Teatrul de Revista Constantin Tanase, Teatrul de Comedie, Teatrul de Animație Țăndărică, Teatrul Odeon, Teatrul Ion Creanga și Opera Comică pentru Copii. Our drama Group is going to perform at Metropolis Theatre in May, 9th, 2023

It is going to be a tough competition as there are 17 high schools from Bucharest acting: Liceul Teoretic Bilingv "Miguel de Cervantes", Liceul Teoretic Decebal, Colegiul National "Mihai Eminescu" Bucuresti,

Colegiul National de Informatica Tudor Vianu, Colegiul Național Matei Basarab, Colegiul Național Gheorghe Lazăr,






There are 13 theaters working with the teenagers: Teatrul Mic, Teatrul Metropolis, Teatrul Evreiesc de Stat, Bulandra, Teatrul Dramaturgilor Români, Teatrul Excelsior Bucuresti, Teatrul Nottara, Teatrul de Revista Constantin Tanase, Teatrul de Comedie, Teatrul de Animație Țăndărică, Teatrul Odeon, Teatrul Masca și Opera Comică pentru Copii



Colegiul Național Aurel Vlaicu, Colegiul Național Ion Neculce, Colegiul National Mihai Viteazul, Colegiul Național Bilingv,,George Coșbuc", Colegiul Național de Arte Dinu Lipatti, Colegiul Național Iulia Hașdeu, Colegiul Național Cantemir Vodă, Colegiul National Spiru Haret Bucuresti, Colegiul Național Gheorghe Șincai, Colegiul National "Grigore Moisil" și Colegiul Național "Elena Cuza", Bucureşti



our team

Written by Celesta Popa, drama coordinator Hyperion
Desigend by: Codreanu Elena

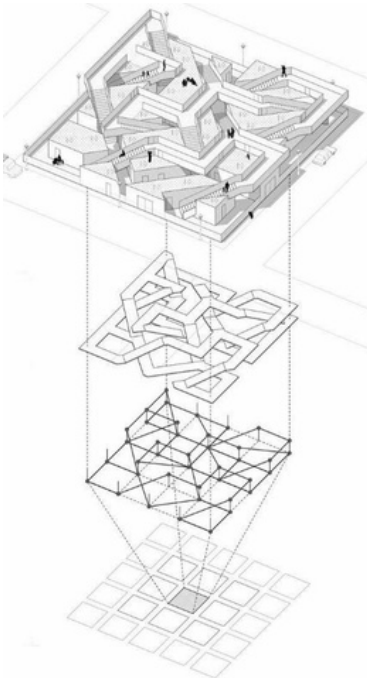
# PROSE



# THE UNDERGROUND LABYRINTH

TUDOSIE ALEXANDRA CRISTINA
CLASA A X A C

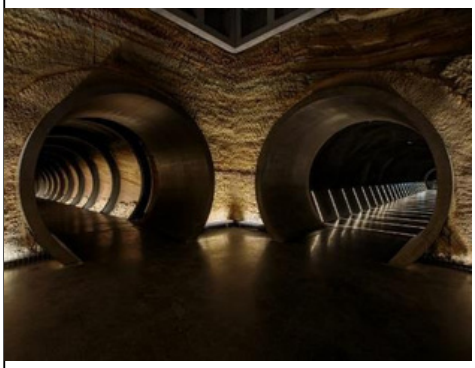
**"The bell rings" DING DING DING. French class was coming up, with the teacher yelling at a phone and my colleagues who wanted the class to end as quickly as possible, everything normal.**



**After high school, I waited for my mother in the park for an hour and she still hasn't arrived, I had no more battery on my phone. I sat down on a bench and took out my notebook when everything around me went dark and I could only see black, I could feel the presence of someone behind me, but it was too late...I fell into a deep sleep. I woke up in a basement, alone, I didn't know where I was, I didn't know what time it was, I didn't know who took me, but I knew he wanted something from me.I was tied to a chair, in front of me was a bloody door locked with five padlocks. To my right was a panel with many pictures of people dear to me. And behind me was a tunnel. At first I was very scared and thought that this was the end of me, but I saw a person dressed in black jeans and a sweatshirt. He had a small nose, big eyes and looked at me very strangely. I started asking thousands of questions such as: where am I, who are you and so on. He hadn't listen to me and minded his own business. He was drawing red lines and circling my family on the board. All I could think of was to escape, so I swayed until I fell with the chair.**

**The person immediately returned to me with a syringe in his hand. I kicked him and ran through a tunnel behind my chair. I didn't know where to run, there were four tunnels that had three more roads each. I walked straight until I came across a very sharp stone on which I rubbed the rope from my hands.**

**After I untied myself, I ran away through the tunnels until I found a room. I stopped when I saw a huge board with pictures of me that I didn't know about. I was surprised when I was walking home, when I was in the high school yard, in the park, everywhere. That person had been following me for months, and I didn't rea lize it. What does he want from me?**



**After a few moments I felt like a needle was going into my throat and I fell asleep completely. I woke up on a chair, this time one that I couldn't destroy.**
**I was in another room I tried to escape but it was in vain. At one point that person fainted, I managed to escape and took it through one of the tunnels. I felt like I was in a horror movie. I arrived in a room with many mirrors. I remembered when I was little with my friend in the mirror maze. Suddenly I started crying, thinking that I will never see my parents and friends again. I hear a bullet. I stopped crying.**



***All the mirrors were broken. I see the same man coming towards me. I hid behind a mirror and waited for him to leave. I was shaking all over. I heard a door slam, I waited for him to leave and then I left. Suddenly I realized that it was not the same hall I had been in before. There was a horrible smell in the hallway, the walls were black, and the floor was made of old wood, the further I went, the more noise it made. I saw a hatch, I managed to open it. I saw the sun shining brightly. When I turned back, that person grabbed my hair and pulled me back, leaving behind me a cry for help.***

**Since then, no one knows what happened. Some say I died, because when the tunnels were discovered, everything was full of blood. Some say I survived. But the truth is that... I became a spirit, I remained captive in the endless tunnels and I realized that I will never escape.**



# MY PERSPECTIVE ON LIFE

Quite often I find myself wondering what life is, are the things around me real and who defines what is real and what is not? Am I just imagining things? What is thinking, why are we different and where did it all start? Although I still haven't found an answer for all these questions, one thing I know for sure is that, even if I do find an answer, it would be my perspective and my perspective only, because I don't believe in absolute truth. Instead, I believe that everyone has their own truth based on the experiences they have been through.

I'm going to start by answering the most commonly asked question in philosophy which is "**what is the purpose of life?**".

I don't think there is a purpose, in fact I don't believe that everything has to make sense, life is much easier than we think, but we tend to complicate it because we, as the only beings with complex thinking, refuse to accept that. YES, I believe that life is experience, life is breathing, experiencing love, happiness, sadness, anger, life is what we define it to be. For some that could mean getting a well-paid job and for others it could be making a family, but for me it's finding peace and happiness.

The second question I want to address is "**What makes things beautiful?**" and I believe the answer is "the person watching".

Beauty is relative. Something that I find mesmerizing you could find common or even hideous. It's all in the eyes of the viewer. And then again, how we perceive things is based on our experiences and thoughts.

But "**can people ever truly change?**" is the one that made it a bit difficult for me. What do I think?

Well, the short answer is "**yes**" but here's the thing, people can change IF they want to. You can't force someone into changing, that's not how it works. Let's take an example. I have this friend, let's call him Tom, and Tom, never truly knew how to express his feelings in a healthy way and so every time I would say something a bit hurtful, he would retreat and stop talking to me until I would ask him what is wrong and he would lash out and I never understood where this was coming from. So, we talked about it, and I told him that it hurts me when he starts yelling and that, if something is wrong, I want him to try and communicate that to me in an assertive way so that we can work it out because I care about him and our friendship; and even though it was hard for him to talk about things that cause him pain, he succeeded and we are still good friends and that's because he also cared about our friendship, I also got to know him better and we got closer. But this change didn't only benefit our friendship but also himself. You sometimes have to look at the bigger picture and not get stuck on details.

I encourage you to reflect on these questions, because my truth may not be yours, and you might learn a lot about yourself.



**Written by: Nazarevscky Diana**
**Coordinated by: Vârlan Carmen**
**Designed by: Nicolae Iuliana**

# I Am Alice

**Fair, pale skin sprinkled with small freckles across her upper cheeks and the bridge of her small, rounded nose. Pouty lips above a sharp chin on top of a rounded face. Her ears hidden behind her long locks of wavy blond hair. Still damp from her wash.**

**She leaned in towards the cloudy bathroom mirror which was lightly fogged up due to the shower we took 5 minutes ago. She stared at me while she began to run her light blue eyes over each facial feature that both of us shared. I spotted two dark circles beneath her eyes. She noticed mine as well, and brought her hands over to them. Caressing them carefully while letting out a long single of frustration. The corners of her mouth drooping more downwards. Her brows furrowed, clearly indicating that she was annoyed yet again. What a surprise...**

**I mimicked her exact movements like always. Imitating her with precision. She brought some kind of makeup pad to her vicinity. It felt slippery and moist. Definitely not water, but rather an oily substance. Probably one of her many skincare products. She began applying it to her eye bags while she kept both of her "peepers" scrunched tight. I have no idea what the oil contains qua ingredients, nor do I care. But apparently she does for whatever reason. So, I guess I have to care as well.**

**Suddenly, she stops. I halt the process of rubbing the pad along my mug within an instant. Her eyes open up while mine do the exact same. She trailed along my features again with a dead, uninterested stare. She was satisfied by the looks of it, according to the half-assed yet smug expression she had given me before leaving the bathroom with a towel wrapped around herself. The exact same towel I am wearing around my body as well.**

**Before she leaves entirely, I glance over my bare right shoulder to check her while pretending to walk away from the mirror as well. Her long, blonde hair sways after each step. She is already pretty just the way she is, but has forgotten it completely. All she cares about now is what she could do to improve her look and image. She wants to look "flawless". Anything that doesn't have to do with her is deemed uninteresting and unimportant. The rest doesn't even reach top 10 when it comes to what she has on her mind right now.**

pinterest

I'm not allowed to ask questions, nor dwell on her decisions. I only impersonate and act out whatever she does. Nothing more.
However, I just cannot help but feel more and more estranged from the girl in the mirror that I once used to adore more than anything else. She used to be my drive.
The reason I am even able to cope with being what I am. I do not have a name which makes it hard for me to fully introduce myself. But, to keep it super simple; I am – what you would call – a reflection. Her reflection to be exact. The girl on the other side of the mirror.
I know a lot of things about her. Her name is Alice. She is currently 17 years, 360 days, 11 hours and 34 minutes old. Alice is approaching her 18th birthday in 4 days, 12 hours and 26 minutes. Alice's favourite colour is light blue. Her favourite animals are dolphins, horses, cats and dogs, and her favourite type of food is pizza. She enjoys listening to R&B, Pop and Rock most of the time, but is no stranger to other genres. She even plays the guitar. Isn't that cool?
I really, really, really love all of these things as much as Alice does. They are my favourite things too. Though, she doesn't play much guitar like she used to. Whichmakes me a bit sad...
Alice is 5'5" tall, weighs a neat 116 pounds, takes good care of her shape now more than ever by going to the gym 4 days per week for 3 hours, works as a waitress 3 days a week for 5 hours, and attends a school called K.A. High where she struggles with her grades. Or, well, she is currently failing to get act together. I don't think that she understands that good grades equal graduation.
I bet she doesn't even notice it seeing she's mostly found within the women's restroom with her bratty friends who are all just as much occupied with their image as Alice herself. They pretend to like Alice, which is such a bold-faced lie. I know they're jealous of her. They know nothing about her. Not like I do. I love her...
At least, I think I love her. I'm not so sure anymore.

pinterest

**Alice used to be a sweetheart. She wasn't afraid to speak her mind at all. Her brilliance stunned others. Her intelligence was notable. She was someone who adored to learn new things. Someone that cared about others and put them in first place before herself. She was the type of girl that was known for her bright smile and bubbly personality when her name came up. She was already perfect.**

## SADLY, SHE CHANGED...

**Whenever she stares back at me in the mirror, I cannot see the resemblance between the Alice that I adore for her amazing characteristics that make up her very being, and this cheap knockoff. She is degrading herself so long she continues. She completely ruined her own fantastic image by following a path of nonsense that claims "self-image" is of utmost importance despite it making someone look like a shallow, empty, soulless husk with a discount "personality" that closely resembles wet cardboard.**

**It's a massive shame, really. Whenever she comes home she barely acknowledges her loved ones. Showing not even the slightest hint of sympathy or love. Only pure, utter hate that surfaces when she receives enough to go off on. I've seen it with my very own eyes, front row. Back when her change in nature wasn't even noticeable. The very first moment when she just started acting up where she experienced her first ever moment of sinking to a level that she shouldn't have.**
**An argument in the living room with her parents that took a turn for the worse when she wouldn't get her way, followed up with disrespectful back-talk that was completely uncharacteristic of her. I was forced to act all of this out near their living room window with her parents' reflection despite wanting to hold back. I was utterly mortified after the argument had ended. Frozen in shock. I found myself completely out of it. So much so that I nearly forgot to follow suit with Alice back upstairs when she had stormed off.**

**Within that moment I realized that I wasn't fully tethered to Alice at all. I figured that Alice and I were close, but it seemed that fact strayed further from the truth to my surprise.**

**I managed to figure out a way to move on my own. How far that would go remained the question. I knew that I probably should have let it go, but I decided to test my theory a few hours later when curiosity got the better of me…**

After Alice had dozed off while trying to forget the argument earlier that night, I spent a few hours watching over her through the use of a small, rounded mirror found on top of the desk within her room. It was neatly stationed in front of her bed. A perfect vantage point with a perfect view. Alice. I was captivated by her elegance. Even while she was asleep, I couldn't help but keep my eyes locked onto her beauty. The same beautiful features Alice and I shared were nicely highlighted by the pale moonlight that seeped through a narrow slit between the curtains in her room.

Her hair… our hair… Beautiful blond with a slight sheen. She did not seem bothered at all while asleep. She was at peace, off into Dreamland… At times like these when I watched over her, I figured that it was all in my head. I was fooled by her sweet, pure appearance while in bed that I kept lying to myself to make me feel less restless and worried. Worried that Alice was still the same.

Though, I couldn't hold that charade up any longer after months and months of the same old shtick. Deep within me, I knew that my sweet, sweet Alice… was changing.

## CHANGING FOR WORSE.

My hand pressed up against my side of the small mirror as I felt a sense of dread. A feeling that the worst was yet to come within the near future. To my surprise, I didn't realize that – through sheer focus while I drifted off into thought – my arm had managed to push itself through Alice's small mirror. I was starstruck as my hand fell onto her wooden desk with a thud. I… was finally part of Alice's world in a strange way. I could feel the desk's texture. A lightly wood grained texture. It felt real. This felt real.

I quickly yanked my arm back through the mirror. Simply confused at this new discovery. It was very intriguing...

.....

Her "episodes" started to happen more frequently. Each time, the argument ended up being heftier than the last. Alice's change didn't slip by her parents unnoticed. Both her attitude at home and at school were starting to water. Her grades dropped while her act rose further.

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Meanwhile, I grew distant from her. I disliked her odd behaviour. Both at home or out. I did not want to condone it at all. It did not feel right. This girl did not feel like the real Alice anymore.

This girl was ruining her image and innocence by simply existing… Tearing herself apart by going a direction the real Alice would not go.

No longer did I imitate her as much as I would. She was like a virus that spread further and further. Interchanging good with disgustingly harmful toxicity. I did not want to accept mimicking this blonde whore. This witch. This cancer.

I did not adhere to my task any longer and more than I should. I wasn't mimicking her. I was mocking her. Judging her silently in places where she wouldn't notice. During dinner I would be away. I don't see me being there to replicate her picking up a glass to be much worth my time anyway. Bus rides? I'll still be there… just... staring at the side of her face every now and again. Watching that stupid grin of hers curl up whenever she's on her phone, texting with those other bitches that are the root of evil. Part of the cause...

I stopped showing her reflection in minor areas as much as possible after that. From glasses to window panes and more. I wasn't out to drool all over her like I used to. I began to do things for myself. "Alice" did not deserve my loyalty. Hell, I bet she didn't realize it anyways. She only cares about me when she decides to actively search for herself in something that resembles a mirror. Her surroundings aren't even in the picture to her. I bet that, if the world would end right now as we speak, she wouldn't dwell on what she had done and missed out on. She wouldn't care all that much.

I found out that I did not deserve to be stuck in the endless plains of a reflection's world either.

My real surroundings. It's hard to explain, really. Just picture a field without walls, the sky or a floor. Only a strange darkness where reflective objects and decors appear wherever Alice is located. Places I have to head towards to play her beloved reflection. None of them are real. It's honestly depressing… I do not wish to be here. I don't deserve this miserable life. Can I even call this having a life? No. Since Alice doesn't appreciate what she has in her life, does that mean she deserves hers?

Absolutely not.

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My eyes were onto something more suitable and worth it. Something I haven't explored for myself. Something I've only pretended to be in through any fortunate surface. The real world. The one that I've been staring at for – what seems to be – the beginning of my existence. Alice used to be my world - but now, I found my actual calling. Something worth striding forwards for.

If "Alice" doesn't want to be Alice anymore, then she doesn't deserve to be Alice…

I'LL BE ALICE.

Falsely fair, pale padded skin, painted over with a hefty amount of foundation. Glossy lips above a sharp chin on top of a rounded face. Her ears hidden behind her long locks of blond hair. Dry and straight after the use of a hair iron.

She leaned in towards the clear bathroom mirror. She stared at me while she began to run her soulless, dull blue eyes over each facial feature that both of us shared that "needed" additional padding. She was busy trying to hide any minor flaws to appear flawless like always.

Of course, I was there imitating her every move – but whenever she turned away or closed her eyes, I kept staring. Thinking. Planning. Plotting. Meanwhile, she kept on applying foundation and other things while I followed suit to do the same. I had to, after all. Only, I didn't exactly keep up. I slipped a few times. I was too deep in thought. I'm not sure, but I believe the board noticed it. Whenever she turned back, our positions were slightly off. Of course I managed to set myself back in the exact same way like hers after a few seconds, making her double check if she was just simply seeing things or not.

PERHAPS I COULD USE THIS TO MY ADVANTAGE.

After a minute or two, she definitely picked up on the oddities she could spot in me. She swore that she saw a slight delay. Something that would catch her eye whenever she looked in a different direction. As strange as this was, she decided to test this by waving her hand back at me. Of course, I copied her moves one-to-one. Still, she didn't look convinced… She and I leaned closer to the mirror with a slight frown. Turning away ever so slightly only to snap right back in hopes to catch the other off guard.

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She didn't find anything, and sighed while shaking her head. Her palm pressed up against mine with the cold reflective surface in between. She was just seeing things, right? Seeing, maybe. But feeling? Not in the slightest.

My fingers intertwined with her hand within an instant. Locking themselves in place as the girl I was staring at shrieked with a horrified expression. She didn't have the time to exclaim more as my other hand reached out to grab her soft, smooth throat. Easily squeezed by the force of my grip making her cry for help sound more like a weak, submissive squeak of pain. She felt warm. I liked it. I loved it. This was my first time touching her, and I wanted more. So, I did.

Slowly, I forced her to bid my will by making her lean my way. I pulled as hard as I could with all my might and newfound strength. I started dragging her through the reflective gate with ease after her legs dangled above the sink. She was helplessly murmuring and begging for me to let go, but I didn't. My grip around her windpipe tightened as my smile grew.

Finally, I managed to toss her now-limp body to the cold floor beside me. As I stared over at the girl beside me who couldn't stop coughing while holding her own throat, I couldn't help but think that she wasn't worth much at all. I realized I spent my time idolising this shallow individual who I so happened to share the same features with. I stood over her as her hand tried to reach towards me. I assumed she wanted to say something cliché like; "please, stop", or whatever, but I didn't want to spend any more of my precious time on this fake, pathetic little minx. I slapped her hand away without any effort and grinned back.

I didn't hesitate to crawl my way out of this world of nothingness. As I pulled my way out of the mirror, and hopped off the sink, tripped, then fell onto the tiled bathroom floor, I felt a sting of pain as my head made contact with the hard ground and immediately felt something I had only heard off. Something I wouldn't think I would like. Pain. It felt amazing. I experienced an overwhelming sensation once I scrambled to get up. Like I took my first ever breath of fresh air. I was alive.

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I turned back to face the mirror again. My right hand was placed against my stinging skull. I was staring back at... her. Me. My own reflection. I couldn't believe it. I lightly gasped at the sight of the girl in the mirror who so happened to mimic my gestures. My expression. My moves. It felt odd, yet good.

I smile back at my reflection, and start to laugh. She and I. Like two drops of water – besides her bruised neck, of course.

A sigh of relief escapes over my lips while I face the bathroom door, but, before I decide to leave, I glance over my right shoulder to check her while I begin walking away from the mirror. Her long, blonde hair sways after each step while we remain in eye contact until I exit the bathroom.




Written by: Trăsnitu Daniel Adrian
Coordonated by: Popescu Nicoleta
Designed by: Luca Bianca

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# The Snowdrop

I fear I've lost the concept of time. For the past two months, I have spiraled only deeper into the vortex.

At the beginning of the academic year, I signed up for three extra advanced classes. Now it was time to pay the price.

Every class had a minimum of attendance hours. Thankfully, I had managed to meet those. Every teacher had their expectations about what you needed to do in order to pass the class.

Looking down at the computer, I realized that I had in fact, bitten off a lot more than I could chew.

I started with what seemed as the easiest one,

an
essay for my psychology class. It was on the Oedipus complex. The complex intrigued me ever since I came across it in my psych textbook. How could the founder of psychoanalysis, a practice frequently used in the modern world, come up with something so deeply unsettling.

I started writing and simultaneously started spiraling. My thoughts were loud and everywhere.

I couldn't continue like this; I was sleep deprived and hungry.

GoodFon.com

As if on cue, I heard a knock at my door. My mother stepped in my room with a bottle of warm lemon tea and ginger cookies in her hands. Those were the only two foods I could eat while studying without feeling sick afterwards.

Today she had something new. I squinted my eyes at her from my chair and quickly realized she was carrying a flower pot. She placed it down along with the food and I saw a small fragile white flower with a red and white string tied around the pot. I realized it was a Snowdrop, a small fragile but insanely beautiful Snowdrop. These flowers were the bringers of spring.



I looked at her and saw a familiar smile on her concerned face.

She had every right to be concerned, I had enough caffeine in my system to probably kill a medium sized animal.

I realized that today was the 1st of March. It was a tradition to bring flowers or small gifts on the 1st of March, National Women's Day.

I took a deep breath and opened my windows. The weather was warm for the first time in a while. Suddenly for just a few priceless seconds, nothing mattered.

Yes, I felt horrible for not buying my mother a gift due to my academic distress.

Yes, I was sleep deprived and probably sick, but for a few moments, that didn't matter.

I was happy. Spring was finally here.

**Written by: Stroie Ana**
**Coordinated by: Popa Celesta**
**Designed by: Nicolae Iuliana**

# Spring

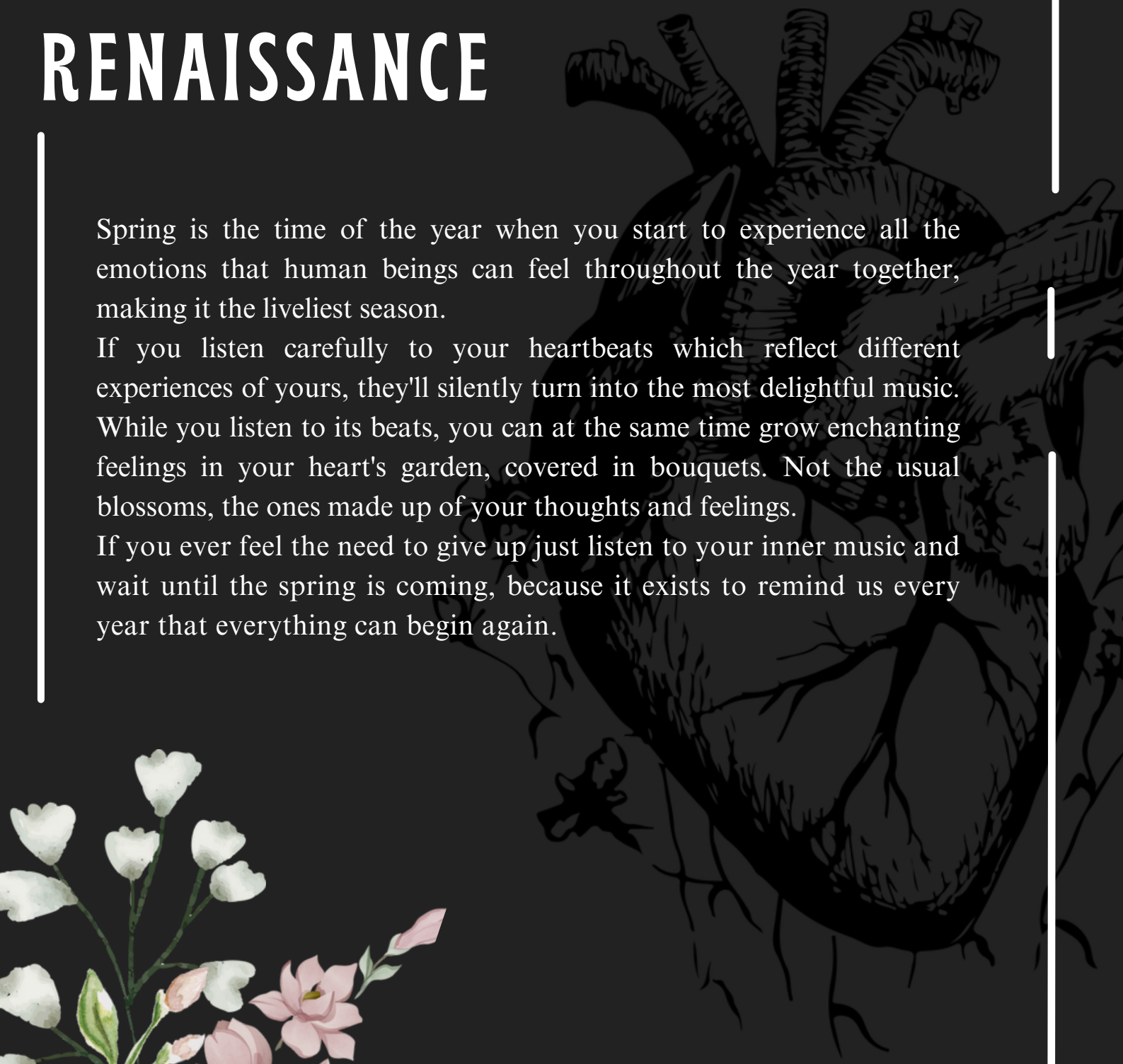
Spring is coming
The sun is shining
Birds are singing
Their season is coming
Spiders are crawling
Flowers are blooming
The nature starts living
This beautiful season
Is coming again






**Written by:** Covaci Maria
**Coordinated by:**
**Designed by:** Serban Maya

# HEART'S RENAISSANCE



Spring is the time of the year when you start to experience all the emotions that human beings can feel throughout the year together, making it the liveliest season.

If you listen carefully to your heartbeats which reflect different experiences of yours, they'll silently turn into the most delightful music. While you listen to its beats, you can at the same time grow enchanting feelings in your heart's garden, covered in bouquets. Not the usual blossoms, the ones made up of your thoughts and feelings.

If you ever feel the need to give up just listen to your inner music and wait until the spring is coming, because it exists to remind us every year that everything can begin again.



Written by: Porumb Raluca
Coordinated by: Popescu Lucia
Designed by: Blesneac Mara Andreea

# Of Legitimacy



The strips of snow are fading out,
White flowers due to raise their heads.
The horn of war is heard afar:
Morning sun and clear sky.

A nameless one rides into battle;
The brave alone shall follow him.
Leaving home behind on just a whim,
They mean to slaughter all like cattle.
The tender branches bear their garments
Of new spring glorious blooming flowers,
None turn to the lament of old snow:
The white and red shall birth the apple blossom.



White, the hail of yore persists,
Red is soon to be the blood:
Of those with shining silver buttons,
Towards the open field they flood.

Foe and friend shall die alike
To the rebirth of our realm,
Noble swords cut off the pike,
The darkness we shall overwhelm.

canva

For we hate, but don't despise,
Lovely March, alone we rise.
Everything was left behind,
Home long gone in my crazed mind.

Snowdrops or roses alike:
We dare not ever look away!
Our horses in frenzy riding on,
Our shiny points sowing dismay.
Tragedy, despair and death:
A rabid charge has taken over.
Man and nature born together,
Her rules today dictate our fate.
For too long have the spoils been wasted,
We have had enough of naught:
Against a masquerade of power,
We've risen high, the sun we've caught!
Hoist the banner of our lily,
Paint it red with all our blood!
New flowers shall forever grow
Out of ancient, lifeless bodies.
For glory, beauty and for right,
We sow death to all alike.
My dear friend was felled beside me;
I am next into the light.



canva

Clash of steel as moon against the sun,
The crimson lake shall spare no one.
A white rose blossoms for our triumph,
Our swords forever shining in the blind.



“You have glory, you have beauty,
You hold power in your hand;
For it’s painted red with blood,
I shall save you of your burden.

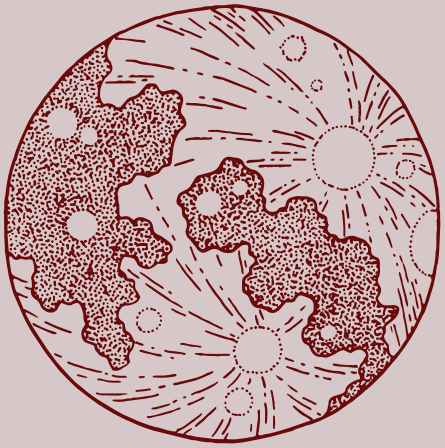
You’re no coward, one to fright,
You’re not one to back away;
But you’re one to stain your hand,
You are one to paint the land.



Hold dear your lovely fate:
Your name forever to remember,
Shining bright alike a diamond...”
Thus spoke death, I merely laughed.

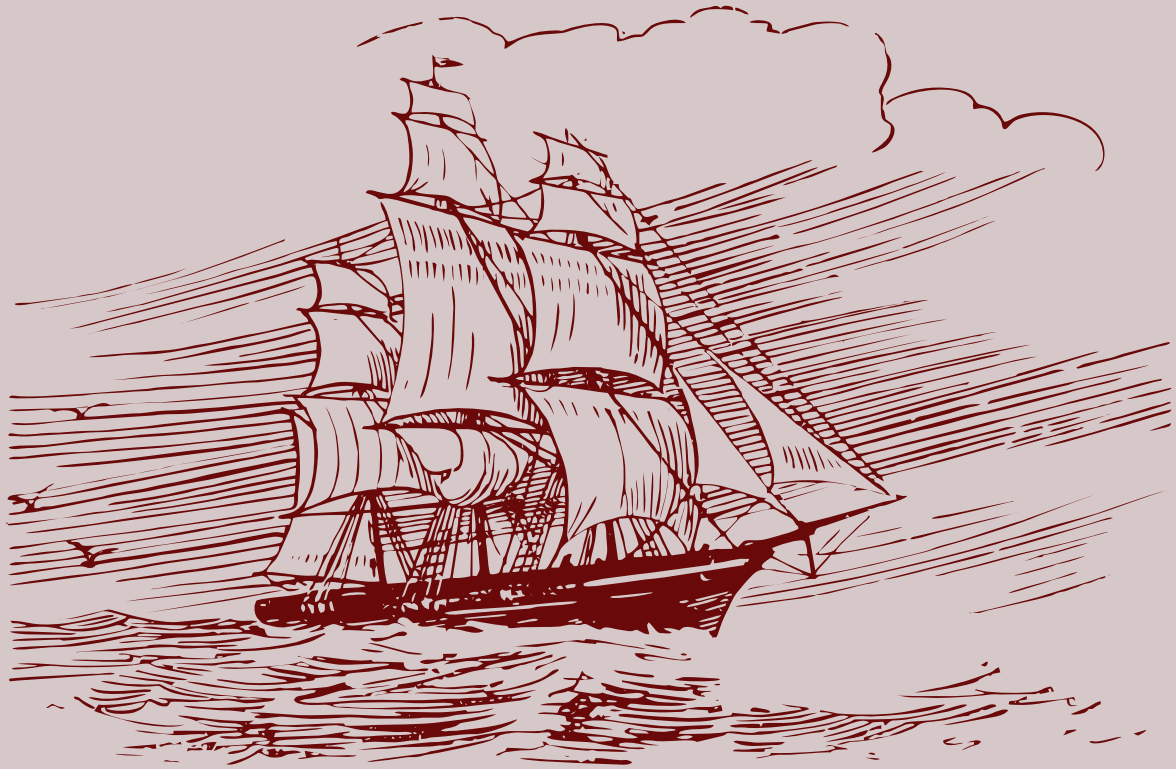
Who are you to take me back ?
I could best you in all battles!
What a joke to come before me,
You, my love, should stay at home...

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What flower will I bring forth?
Will it's beauty best my honour?
"Why regard it as a rival
When you love it more than me?"

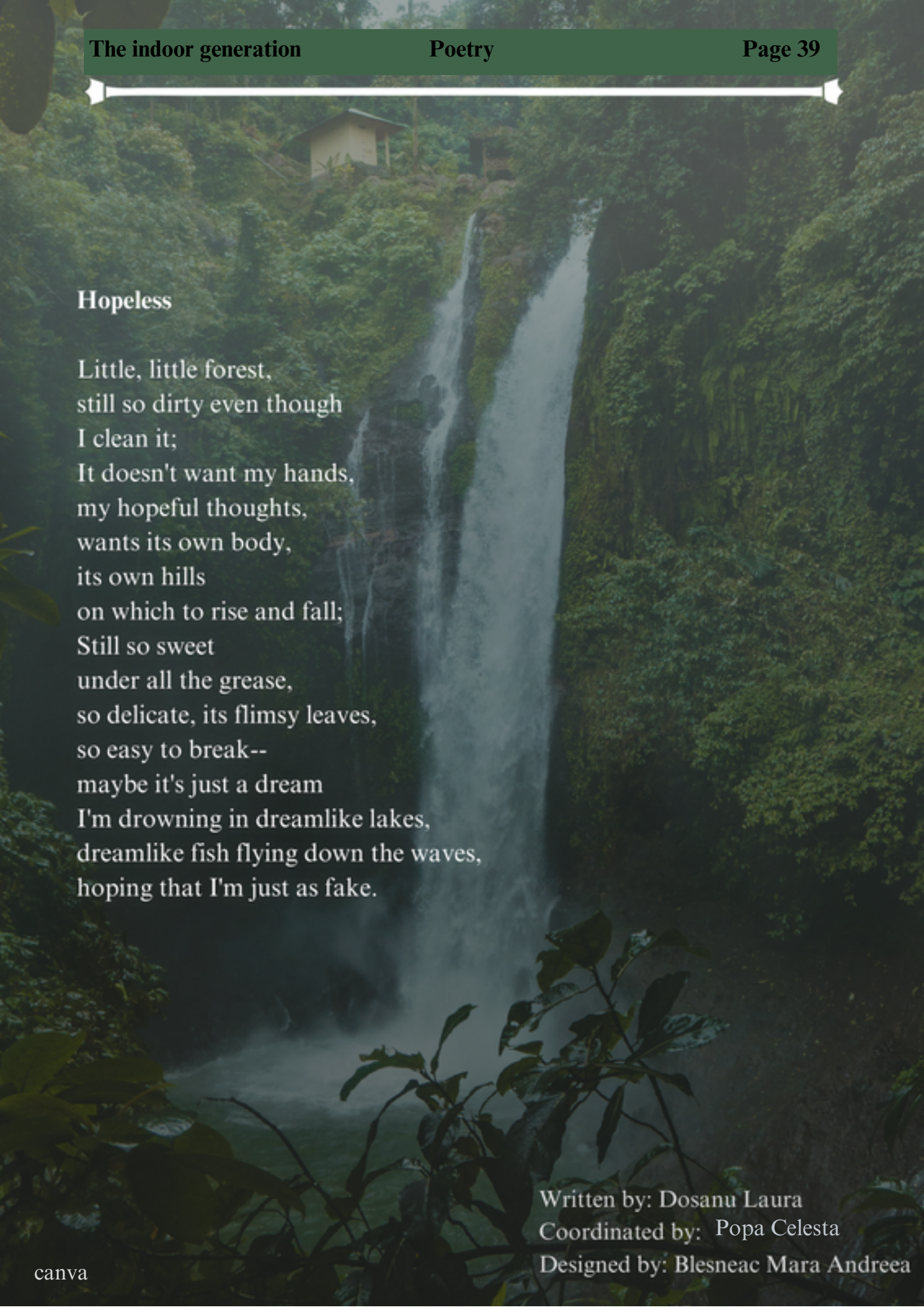
What is noble was accomplished,
Beauty'nd ancient order we restored.
Shining red, my white hand waves,
To fight again another day.



Written by: Cruceanu Tudor
Coordonated by: Cristea Ramona
Designed by: Luca Bianca

canva

# POETRY



## Hopeless

Little, little forest,
still so dirty even though
I clean it;
It doesn't want my hands,
my hopeful thoughts,
wants its own body,
its own hills
on which to rise and fall;
Still so sweet
under all the grease,
so delicate, its flimsy leaves,
so easy to break--
maybe it's just a dream
I'm drowning in dreamlike lakes,
dreamlike fish flying down the waves,
hoping that I'm just as fake.

Written by: Dosanu Laura
Coordinated by: Popa Celesta
Designed by: Blesneac Mara Andreea

canva

# The condition of existence



"Of course, I'll hurt you.
Of course, you will hurt me.
Of course, we will hurt each other.
But this is the very condition of existence.
To become spring means accepting the risk of winter"
Antoine de Saint-Exupery

To live means to hurt, but it also means to learn living with the hurt.
To accept it, maybe even embrace it.
To become spring means accepting the risk of winter.
No matter how harsh the winter is, spring still comes around.
The seasons don't just stop.
The world moves on. The universe moves on. Life moves on.

Spring accepts winter's grey numbing cold.
It recovers, sometimes slowly and painfully.

It might not look or feel the same all the time, but it's there.
It's always there.

That is the condition of existence.
To show up, even when you're not apt to.
To be present.



Written by: Stroie Ana
Coordinated by: Popa Celesta
Designed by: Oroviceanu Felicia



# A BLINK OF SPRING

You look like time,
when it's about to be over
and like something divine,
when you discover it's ephemeral; You
look like something I fear,
you write with my tears
and I have to let them all go
and it feels detrimental,
like my life's going to be over
because you made me cry,
when everything was blooming
and growing and coming back to life
with nature's blessing,
singing their joy
through fields I'm going to destroy
in your name;
(which you'd probably hate)
And sometimes I'm sorry
for the way you make me feel
because I've been through this before
and it ends like
everything does when it's fall.

Written by: Dosanu Laura
Coordinated by: Popa Celesta
Designed by: Dragomir Cristiana

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# White Rose and Spider Lily

You and I are flowers of new spring,
Blooming in slightly different days.

What shall I do for you today?
How soon will you leave again?
Tell me anything, you may
You'll stay silent, for how long?



Often I forget of you;
Often you remember me.
Who are y ou to ask me back?
Who am I to notice you...

How long until I walk away,
How long until no one's to follow?
Left me hollow for too little,
Left you lonely for too long.

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Shed a tear, shed my blood,
Shed two drops of dark green poison;
Cover me in all your thorns:
I will break them one by one!



Don't pursue, you are not wrong:
Don't look back, and I was right.
Leaves turn green and later red,
But for now we remain flowers.



Today we part on different streams,
I drift away in cold, fresh water.
You swim away in thick, red blood
Was it ever meant to matter ?

Written by: Cruceanu Tudor
Coordinated by: Cristea Ramona
Designed by: Ariciu Ioana

canva

# Cycle

Taking days and years,
help from seers
and dozens of broken mirrors,
above and beyond,
the song's all gone--
gone through every season,
every weather, every layer,
every pair of hands that's near,
every cell in that little brain
ricocheting with disdain,
to end up all alone,
alone and sad,
speaking of a lonesome world,
of sadness and more,
dying after all this time,
buried under snowdrops
by the weight of life
and being known
by no one at all.

Written by: Dosanu Laura
Coordinated by: Popa Celesta
Designed by: Potop Alexandra-Maria

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# Just a dream

The sky is blue
The season is new
The sun is deep
I dreamt in my sleep
That I planted a seed
Who grew as a tree
Its name was Monique
And then it winked
So I started to think
That I needed to blink
The things weren't in sync
So I thought it was a trick
So I woke up
None of it was real

**Written by: Covaci Maria**
**Coordinated by: Popescu Lucia**
**Designed by: Ariciu Ioana**

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# INTERVIEW

# eMUNescu

## -interview with Eduard Busuioc-

Edi: Hello! My name is Busuioc Mihai-Eduard, I am 17, and I am an 11th grader at the "Mihai Eminescu National College" in Bucharest, and I am proud to be the Secretary General of eMUNescu, a conference that is very close to my heart. My passion for MUNs started over an year ago, when I attended my first conference. I was scared, had no idea what was going on, and I was even almost ready to quit. However, I have started finding out, through MUNs, that I had a passion for public speaking. A passion for debates, for international relations, and many other passions that MUNs can help you develop. At this point, I have an experience of over 25 MUNs, as a delegate, as a chairperson, and even as a member of Organizing teams. As I've mentioned before, eMUNescu is, however, the project that is closest to my heart. It brings me the utmost joy to be able to create such a conference in my high school, to be able to give back to the institution that helps me become a better person, every single day. We've had a few challenges along the way, however the idea for this MUN came to me last summer. Back then, I didn't exactly have the knowledge it took to actually create an MUN conference, so I started attending more MUNs and fighting harder for awards, in order to ensure that I know what I have to organize, and so that I could become the best organizer I could possibly be.

Together with my team of some of the most experienced MUNers in the country, we have actually started organizing the conference around November.

Alessia: How and when did you come up with the idea of eMUNescu?
Edi: Well, as I've mentioned before, last summer! More exactly, when I was attending an MUN in another part of the country. Me and my friends started thinking what MUNs would be callled if they were in our highschool. First thought was EminescuMUN, but then I realized that it only made sense that it was eMUNescu! It took me a bit to actually start thinking of how this MUN could take place, when it would take place, and other aspects of it.
But, as I've mentioned, after I've started gaining a bit more experience, I started knowing exactly how you start organizing such a conference, and that was the point we started concretely coming up with ideas for it, around October-November.

Teo: What was your first MUN? Can you tell us a bit about that experience?
Edi: My first MUN type of conference was BMNATO, last year, in February. I was so scared of everything that was going on. I was in the committee with very experienced MUNers, who went on to be some of my best friends, however, the atmosphere was very tense. A rather sad fact about it was that, in the first day of the conference, Russia had declared war on Ukraine, on the 24th of February. From that point on, everyone was feeling quite low. It was an awful moment for the entire

world, and being at such a conference only made all of us realise even more that this could mean really huge issues for our society. However, coming up with solutions which could even have been taken in this war, in the committees with different topic that we were debating, was an interesting feeling. Knowing that a few people, who could meet in certain conferences (in real life), could solve such huge issues, gave me the interest of continuing with MUNs. I really cannot wait to get in the point in which I can use my MUN knowledge in real life jobs.

Elena: What motivated you to put the project in practice?
Edi: Seeing so many of my fellow delegates who were starting to create their own conferences made me realise that I could give the opportunity to my fellow schoolmates to take part in such conferences. What we really are trying to achieve is bringing more people in the world of diplomacy, making more of them aware that there are people who can take such important decisions that could affect the whole world, and that one day, they can be these people.

We want to help each student develop their creativity, their logical thinking skills, their debate skills, and so many other aspects MUNs can help you develop.

Alessia: What does it mean to organize an MUN and how did you find the right persons to collaborate with?
Edi: Organizing an MUN is a hard process. First of all, you need to think of the organizing part: the catering, the materials needed for the debate, which include the placards, the badges, the diplomas, the tote bags, the notebooks, the pens, etc. which all need to be acquired with the money that the delegates give. Then comes the academic part: the chairpersons, the committees. These are all aspects managed by a group of different people: The Secretariat (Secretary General and Deputy-Secretary General) have a take on all of the matters of the conference. Sofia Mares, as our Deputy Secretary-General, is a person I trust with my life, and a person I always know I can count on, and an extremely dedicated person.

The Presidency (President of the General Assembly and Deputy-President of the General Assembly) have a take upon the academic part of the conference. They take decisions regarding the delegates and committees. As our Presidency, Maria Coltan and Anissia Mone are extremely smart people, who, once again, I know will work as hard as possible in order to ensure the wellbeing of the conference. Conference Managers have the role of getting everything that is actually needed for the conference. From the location, to the sponsorships, to the catering and debating materials, these are all things they need to acquire. The rest of the Organizing teams, who has very different tasks, need to take care of the Organizing part of the conference. These are once again people who are very good in their respective fields.

Teo: How do you think MUNs developed you as a person?
Edi: MUNs helped me develop public speaking skills, creativity, and logical thinking. They also helped make me more aware of the problems that are affecting our world right now.

But, most importantly, MUNs have also given me a sense of belonging. I made a lot of friends, like-minded people, who share my same interests and passions. They have all become some of my best friends, and people who I always like to surround myself with. MUNs really help open up a whole new world to absolutely anyone. They have also made me known the path I want to follow in the future, and that is absolutely amazing, because now I know exactly what I want to become, and I don't have to stress that much about my future.

Alessia: What advice would you give to first timers and why would you recommend them going to MUNs?
Edi: Firstly, I would recommend they go to MUNs for all of the reasons I've given above, that is that they open up a whole new world to absolutelly anyone. The advice I would give first timers is to always put their placards up, regardless if they have an important role in the committee, or not. Because that is how you learn, through creating experiences for yourself.

For the more shy first timers, I would recommend that they leave their fear of taking the stage apart, since at MUNs, no one is there to judge. Most of the time, people come to MUNs to tackle real life issues, and even to have fun! That is also an important advice I can give, always have fun, no matter what.

Teo: How long have you known about MUNs?

Edi: In all honesty, I had absolutely no idea what MUNs were, even when I went to my first MUN. I was honestly dragged to my first conference, by one of my friends. It was interesting to find out what they were, live. I wish that someone had told me what an MUN really was back then, but now I believe delegates are very lucky that they can attend a lot of MUN Training clubs, all over the country and online.

## About MUNs

Model United Nations are educational conferences in which participants are representing a country, an organization or a person in a committee, alongside other delegations, working together in order to find solutions to a global problem. A conference like this usually lasts 3 days, days throughout delegates will need to debate on the topic and explain their country' stance through their speeches. Usually from the half of day 2 to the start of day 3, all these fruitful debates will lead to writing a resolution, an official document that formally explains solutions and ways they can be implemented by countries whom signed the document and countries who vote upon it in the General Assembly, organ of the UN in which all countries' delegations are present, regardless of the committee they've been assigned.

Speaking of committees, each of them has specific areas they can tackle issues on. For example: SOCHUM (the Social and Humanitarian Committee) tackles issues relating to a range of social, humanitarian affairs and human rights issues that affect people all over the world.

Do you like debates? Are you interested in finding out more about countries you like? Or, perhaps, you'd like to try something new? Then come to eMUNescu, the first MUN conference hosted in our high-school!

# HOW OUR COLLEGE BECAME A CAMBRIGE EXAM CENTER

Our college has become a Cambridge Exam Center accredited by The British Council, as such we can now host Cambridge Exams within our premises. To learn the story of how we became an Cambridge Exam Center, we have interviewed English Teacher Popescu Nicoleta, the person responsible for organizing exam sessions in our school.

**Q: First things first, how did our college become an accredited Cambridge Exam Center?**

**A:** Well, it is not very difficult to become a Cambridge Exam Center if your location meets certain standards. We signed a partnership with the British Council and they sent a representative to check our location. According to this partnership we are allowed to organize exams at all range of levels, from beginner to advanced, any time we want, provided we have a minimum of 20 students enrolled for each level. The partnership was signed at the beginning of 2022 and after the first year we became an ADDVANTAGE MEMBER.

**Q: Were there any problems while organizing the first testing sessions?**

**A:** The first testing session was held on 2nd of April 2022, when a group of 20 pupils in the 4th grade took Movers exam (A1) in order to equate the language proficiency test for admission to the 5th grade with intensive English teaching curriculum. The second testing session took place on 22nd of February 2023, when a group of 20 students were examined for PET (B1) and CAE (C1). There were no problems organizing these exams. Obviously, there are certain circumstances in which we can organize the exams. For instance, we cannot organize sessions during school, but definitely at weekend or during a holiday. Certain exams last a whole day (B2 and C1). Also, we need to involve few teacher colleagues as supervisors or invigilators in their free time and the supervisors coming from the British Council require certain conditions to work properly: a locked room in which they seal all documents before sending them to the British Council.

**Q: As a teacher, do you consider the subjects given to the participants hard?**

**A:** As you know, the Cambridge Assessment English exams are a series of English language proficiency tests designed to assess the language ability of non-native English speakers. They help students develop their skills in all four competences: speaking, reading, use of English and listening.

The preparation for these exams is fully compatible with the school curriculum. Each exam targets a specific level of the Common European Framework of Reference for Languages (CEFR) from beginners (pre-A1) to proficient (C2). In addition, the exams result in an international recognized diploma.

There are also other benefits of any Cambridge diploma:

- To equate the language proficiency test for admission to 5th or 9th grade with intensive or bilingual English Language teaching program
- To equate the language proficiency test from the Baccalaureate
- To study at prestigious universities in Romania or abroad (especially with C1 Advanced, accepted almost everywhere for admission)
- To prove the level of English to employers for a professional internship or recruitment

**Q: Did our students pass the examination?**

**A:** Yes, all of them in both testing sessions. We are so proud of all our students. We are eager to organize a new testing session for B2 level at the end of this school year. We only hope a minimum of 20 students will enroll.

**Q: What do we, as students, gain from our college being a Cambridge Exam Center?**

**A:** The ADDVANTAGE partnership we have as a Cambridge Exam Centre makes our college more attractive for new students, as we prove to have a wide range of educational and extra-curricular activities in our educational offer. I might say that, together with our accredited ECDL center, our college becomes a very good option for high school freshmen. Also, when we organize a testing session, there are some advantages for our students: they are familiar with the location, they know each other and during the speaking examination they are more confident in themselves for these two reasons at least.

**Q: Further on, are there any plans for the future for our college as an examination center recognized by The British Council?**

**A:** Yes, we intend to go on with this partnership and to extend it every year, to organize as many testing sessions as our students require, in order to meet their needs and purposes. We also intend to develop this partnership and to offer our students other opportunities, such as conferences, open sessions, etc. organized by our partner, the British Council.

**Written by: Trăsnitu Daniel-Adrian**
**Coordinated by: Popescu Nicoleta**
**Designed by: Potop Alexandra-Maria**

# THEATRICAL TROUPE



**Our high school has a brilliant theatrical troupe who earned lots of awards with great work, passion and love. They are working very hard for their goals and we can say that they are an example for all of us. So, we decided to interview a few of their members (Danca Sara and Hristache Rebecca) to learn more about our theater team.**

**Maria: What is your role model and why?**

**Rebecca: I grew up admiring many celebrities, but the one who impressed me the most and pushed me to fulfill my dream was Thomas Dylan. I have always liked how he got into the character and how he managed to shed light on the emotions of that character. He doesn't let anything interfere with his love for theater, something that inspired me to do the same.**

**Maria: Is your family supportive of what you do?**

**Rebecca: Yes, my parents have always supported me in my dreams and achievements. They love what I am doing and support me step by step.**

**Maria: What pushed you to be an actor?**

**Rebecca: When I am on stage, I feel like it's an escape from reality. I love to play roles and see how it is like to be someone else. I love playing on stage because it feels like it's my home.**

**Stefania: When did you discover your passion for theatre?**

**Sara: When I started high school, I had the opportunity to choose from a lot of clubs, but I really liked this one. I thought it would help me develop myself on several levels.**

**Stefania: Do you think the theater had a certain impact on your life?**

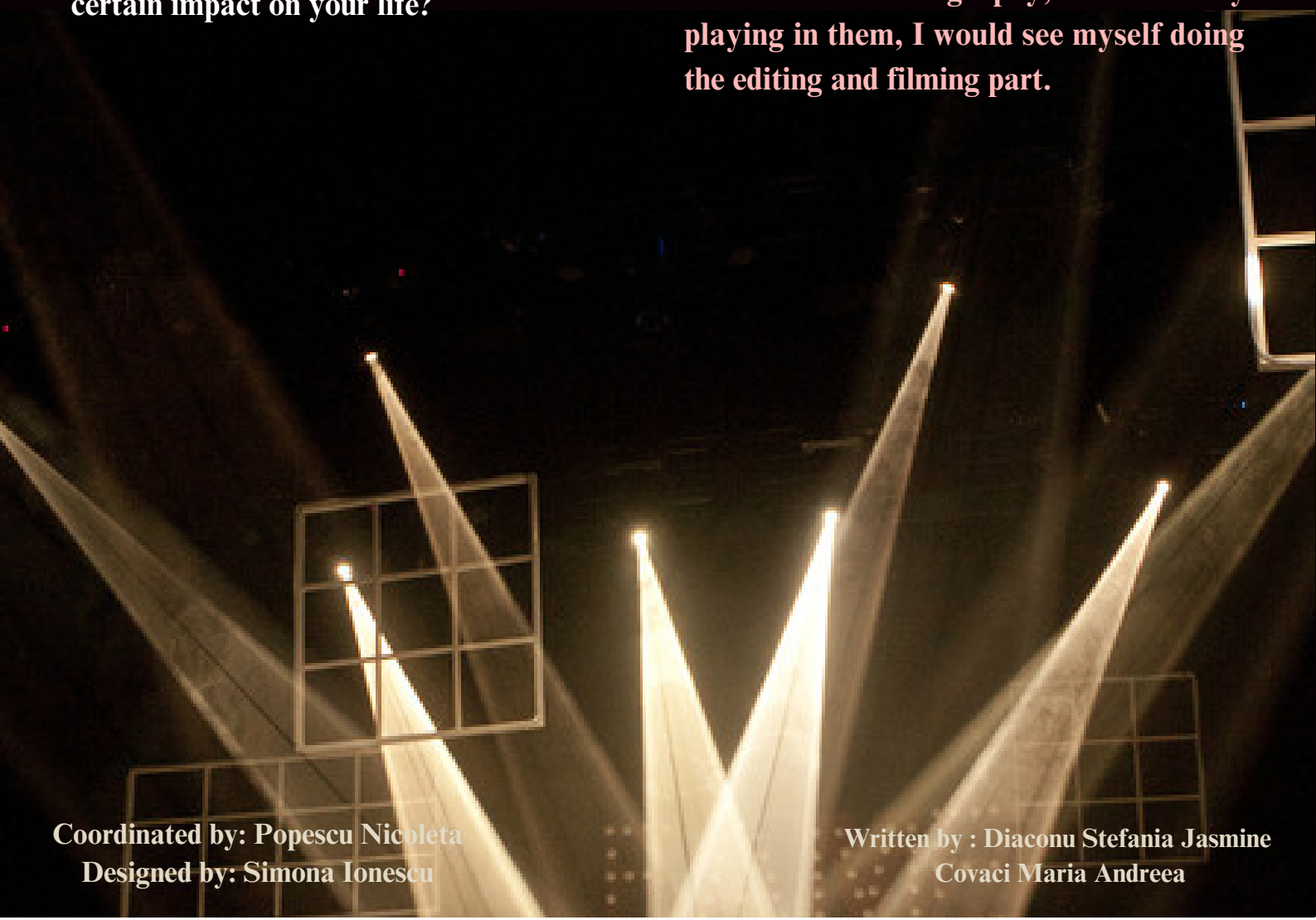
**Sara: Yes, in the first place, it helped me to become more sociable, to speak more coherent and to learn a speech easily.**

**Stefania: Describe the feelings that you have on the stage.**

**Sara: Well, I am a little overwhelmed, but I love it because it is a moment when you feel watched by everyone and you know that all your efforts have paid off.**

**Stefania: Do you see yourself doing this in the future?**

**Sara: Unfortunately, not especially in the theatre, maybe on the big screens, because I love the cinematography, but not really playing in them, I would see myself doing the editing and filming part.**



# Romanian Olympiad -Interview-

*Our college has multiple succesfull students, one of them being Miruna Suharov (11H). She reached the national stage of the Romanian Olympiad called OLAV (Olimpiada „Lectura ca Abilitate de Viata") and „Romanian culture and spirituality". We have interviewed her in order to find out more about her succes and how she has done it.*

**Q:What motivated you to get here?**
A: Higher than motivation, one can find the supply of the motivation and what keeps you in that trajectory you want to propel yourself in. What kept me constantly in that direction was my very competitive spirit and my passion.

**Q: Do you want to continue in this field, is romanian your favorite subject?**
A: Romanian is my favorite subject, along with psychology and sociology. These being connected and in the same field. Yes, in the future, I do want to continue in this field, but I also want to adapt it to the contemporaneity in which we live.

**Q:What obstacles occurred in this journey?**
A: The biggest obstacle i came upon was procrastination. I realized too late that I was dependent of stress, I had a love-hate relationship with stress. And so,I find myself studying and revising, just a couple days beforean exam. Fortunately I still remembered everything even if it was done at the last minute. So I definetly think procrastination was and still is my biggest enemy, but I'm trying to befriend it.



**Q: Did the people around you support you at every step?**

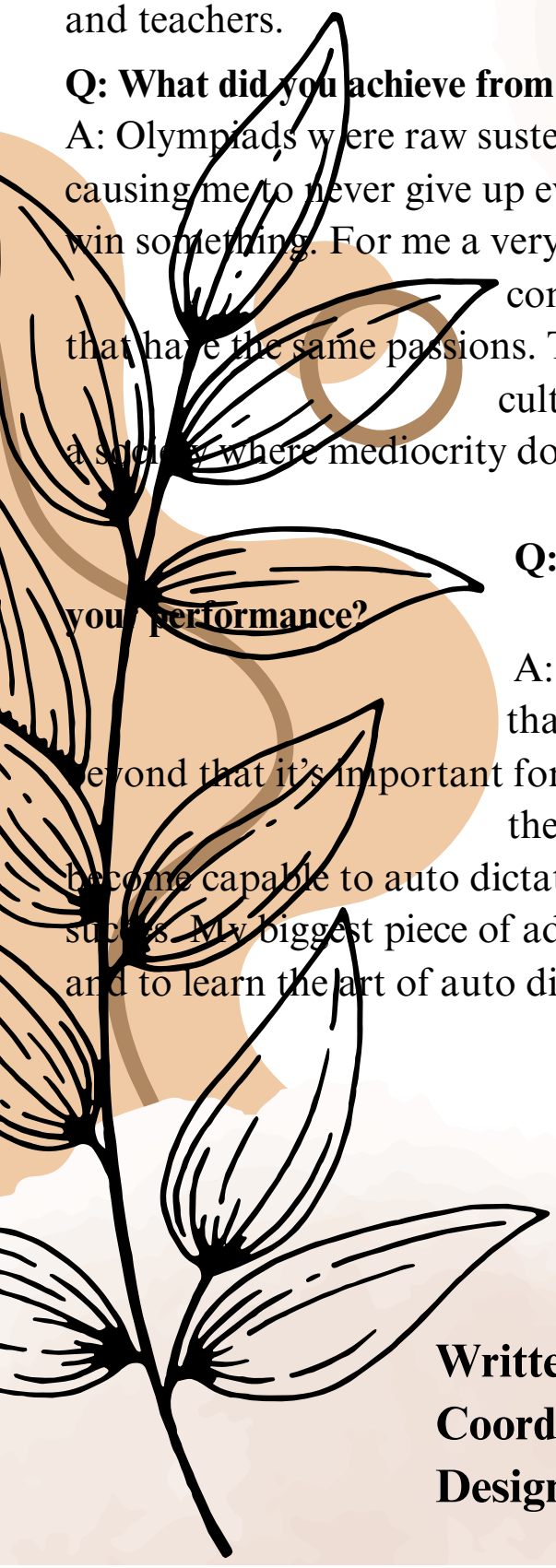
A: I think in particular moments nothing and no one can support you more than your venturesome spirit and your competitivity that flows through your veins. Competitivity can be a blade with two sides: it can determine you to push farther to achieve what you want but it can also bring you down aggresively when you could not accomplish your dreams. However it's also very important to be supported by people who are close to you, who are represented by family, friends and teachers.

**Q: What did you achieve from this experience?**

A: Olympiads were raw sustenence for my soul, this causing me to never give up even if I didn't necessarily win something. For me a very big part was the social component because olympiads gather different humans that have the same passions. Throughout olympiads I cultivated some values that I consider to be necessary in a society where mediocrity doesn't exist.

**Q: What advice do you have for those who want to reach your performance?**

A: I would say it's essential for them to know the fields that interests them with their values and principles, and beyond that it's important for them to acknowledge their psychological morals. Through self-knowledge we become capable to auto dictate, which is the key to success. My biggest piece of advice is to know yourself and to learn the art of auto dictating.



**Written by: Enculescu Ioana and Hristache Rebecca**
**Coordinated by: Popescu Lucia**
**Designed by: Chiricioiu Andreea**


REVIEW

# TEAM BUILDING




**A comedy movie released this year on February 30 that pokes fun at the lives of corporate employees, which made a lot of people laugh. The main character of the story is promoted, becoming the call centre team leader. Unfortunately, the department is the black sheep of the company and is in discussion of elimination. Our main character is promising the CEO to win the happiness cup(the prize of the teambuilding's competition) so that the call centre team will keep their jobs.**

**The movie shows a lot of modern problems in a satirical way one of them being the digitalization that leaves a lot of people without jobs.**

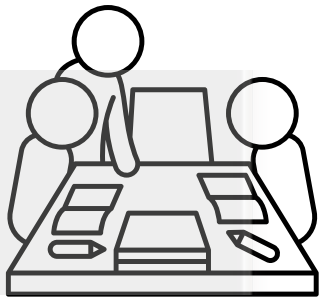
**The characters aren't presented as good or bad, after all, they are just people that work to have a better life, but you can find yourself in some of them: the one who works too much without being appreciated and not having a personal life, the one who doesn't care, the boss who thinks he has control over everything and that he is always right, the right hand of the boss who follows orders blindly and doesn't have a mind of their own, the one who wants more from work, the one who works to offer all they can to their family etc.**

" We fulfil dreams in instalments"-the motto of the company, reflecting how in general companies don't care about their customers and profit is the goal, as was also shown on the marker board what it means to work in a corporation, how the worker-client relationship works and that rates take over our lives.
" Political correctness"-the art of offending someone diplomatically, to not get caught. The most used expressions are: "I appreciate your feedback and will take it into consideration", "email me" and the best of them all "kind reminder".

The movie ends on a positive note , showing the spectators that there is still place for hope, even though most of the time is not like that, the majority of people work in a place that makes them unhappy with a small salary until they retire.

Many people didn't like the fact that vulgar language and inappropriate jokes were used, but if you think about it we use "rich and colourful" language every day sometimes without even noticing.
It is better to watch the movie without having many expectations, after all, is a light comedy nothing deep everything is delivered directly with the help of jokes, suggestive words and funny situations.

Written by: Andrei Daria Ioana
Coordinated by: Popescu Lucia
Designed by: Dragomir Cristiana

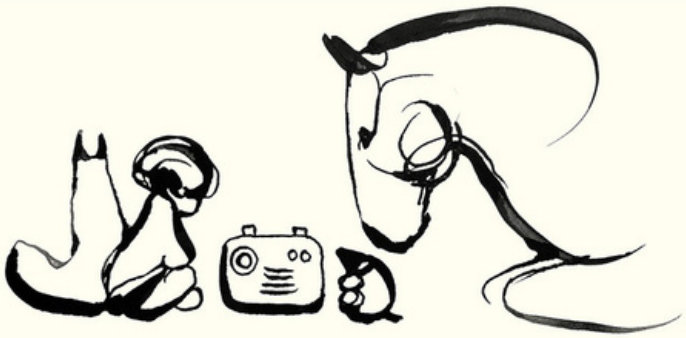


# The Boy, the Mole, the Fox and the Horse

> One of our greatest freedoms is how we react to things.
>
> Charlie Mackesy, The Boy, the Mole, the Fox and the Horse

Charlie Mackesy powerfully starts his book by stating **"this book is for everyone, whether you are eighty or eight"**. Similar to Antoine de Saint Exupery's principles in "The Little Prince" and Alan Alexander Milne's simplicity in "Winnie the Pooh", his magnificently illustrated book presents a moving story worthy of your time.

Following the development of a friendship between the four protagonists: a boy, a mole, a fox and a horse, **their journey starts in the springtime with the sole purpose of finding "home"**. As the four of them gradually meet and connect, **many existential questions come to the surface and none of them remain unanswered.** Because of the almost nonexistent context, all these questions may seem random, but the beauty of the storyline comes from every one of the characters' wise teachings.



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They offer us, the reader, **the opportunity to peacefully reflect on some rather overlooked aspects in life which affect us on a daily basis.** They give us concrete answers, while also leaving us space to contemplate on our own life experiences and perspectives.

Tackling many **topics like unconditional love, asking for help, being kinder to ourselves and not expecting life to be perfect**, Mackesy's story will surely leave a profound mark on you.

> "'Nothing beats kindness,' said the horse. 'It sits quietly beyond all things.'"

**There's simplicity in kindness.** People tend to confuse simplicity with superficiality, and so they end up hurting their loved ones. At the end of the day, there is **"so much beauty we need to look after."**



Written by: Moroșanu Ana
Coordinated by: Popa Celesta
Designed by: Potop Alexandra-Maria

# WHITE NIGHTS

## *A sentimental love story - 1848 (From the memories of a dreamer)*

F. DOSTOYEVSKY

***…Or was his destiny from the start***

***To be just one moment***

***Near your heart?...***

**-Ivan Turgenev**



In the novel, we are introduced to a shy, lonely young man who lives in St.Petersburg spending most of his time alone. The source of his life is his imagination, observing situations and daydreaming all day, his interaction with other people being almost none.

*"A dreamer-if you require a precise definition-is not a man, but some sort of sexless being, you see."*

*" I don't know how to keep quiet when my heart is speaking inside me. And all I dream of every day is that at long last I will finally meet someone. Oh, if only you knew how many times I've fallen in love like that!... Why with nobody, with an ideal, with the one I see in my dreams? I create entire love stories in my dreams"*

On the first night, he observes a girl being followed by a man so he asks to hold her hand so that man won't bother her anymore. They engage in a conversation the girl still being frightened by the recent situation.

*"Give me your hand, I said to my unknown girl, and he won't dare bother us anymore."*

They come to an agreement to meet at the same place at ten o'clock, the girl named Nastenka wanting to have a change of words with him again and maybe even rescue her again. But the young man must



promise her that he won't fall in love. He was so thrilled to have someone to talk to that he promised to agree with everything she demands while saying goodbye they promised to tell each other everything about themselves.

*" I'll agree with everything, I m ready for anything-I will be obedient and respectful. But you see you come on the following condition: first-don't fall in love with me…"*

*" That's impossible, I assure you. I am prepared to be your friend, here's my hand… But falling in love is impossible, I beg you! "*

On the second night, he tells Nastenka everything about himself narrating in 3rd person, about his loneliness and sadness and how he is convinced that he will live like that for the rest of his life, being surrounded by nobody and himself. His imagination is the fuel for his existence.

*" Because at those moments it begins to seem that I will never be able to begin living a real life; because it already seems that I have lost all sense, all feeling for the genuine, the real; because, in the end, i curse myself; because after my fantastic nights I am visited by sobering moments that are horrible! "*

Now it was Nastenkas turn to narrate the story of her life. Living with her blind grandmother, falling in love with a tenant, wanting to run away with him, the letter she sent to him and how she waits for his response wanting to be with him.

*" No, Nastenka, no, I answered, that means that you love him more than anything in the world, and a good deal more than you love yourself. "*

In the end, Nastenka parted ways with the lonely man leaving him for the love of her life.

***" My God! A whole minute of bliss! Is that really so little for the whole of a man's life? "***



Written by: Andrei Ioana Daria
Coordinated by: Popescu Lucia
Designed by: Danca Sara

# THE PRODIGY

"The Prodigy" is a 2019 horror film directed by Nicholas McCarthy.



On August 0, in rural Ohio, serial killer Edward Scarka is fatally shot during a police raid of his farmhouse. At the time of Edward's death, married couple Sarah and John give birth to their son, Miles, in Pennsylvania. Miles shows extreme wisdom and intelligence from a young age and begins speaking fluently before he is even a toddler.

When Miles turns eight, Sarah and John begin noticing behavioral changes in him. One night he plays a prank on his babysitter Zoe, seriously injuring her, but claims no memory of the incident. At school, he attacks a classmate with a wrench. Sarah takes Miles to psychiatrist Elaine Strasser and turns over a tape recording of him talking apparent gibberish in his sleep. Arthur reveals that the gibberish Miles spoke is, in fact, a rare dialect of Hungarian.

Sarah is unwilling to believe Arthur's assertion that an unsettled spirit wants control of the boy's body. Sarah later finds a swarm of flies in the house and discovers the family's dismembered dog in the basement. Miles apologizes, explaining that someone is invading his dreams every night and that he has to "make room."

I liked this movie so much because it was a psychological movie with a lot of action made by the main character and of course, I love it even more because it is horror.



**Written by: Diaconu Ștefania**
**Coordinated by: Popescu Lucia**
**Designed by: Chiricioiu Andreea**

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# HEARTLESS

Are you looking for a new book to read this spring? Well, if you are a fan of fairytales, this book might be the perfect one for you, but keep in mind an unexpected ending.

**„Heartless" presents the story of the famous „Queen of Hearts". But before she ruled Wonderland she was just a girl with a big dream. Catherine's only wish was for her and her best friend, to open a bakery and live lives in their own way, not letting others dictate it. The king had big plans for Cath, he wanted her to be his wife, but when she met Jest, the court joker, everything changed.**

**Catherine and Jest got closer and closer each day, attending balls and fancy dinners at the palace during the day, adventuring through Wonderland at night, and going to the Mad Hatter's crazy tea party, all while the kingdom was under attack by a monster called Jabberwock.**



My favorite part of the book has to be Catherine and Jest going to the Mad Hatter's tea party because it connected the book to the story of „Alice in Wonderland" so much more. My least favorite part has to be the ending, but at the same time it felt like it was just what the book needed, but you will have to read to find out what I am talking about because I am not going to spoil it.

This is the story of two very different people, who somehow understand eachother and feel like the perfect pair. The ending of the book is one you will never forget, making you think about it for days and will make you understand the villain in one of the most popular stories for children.
My rating for this book is 5 out of 5 stars and it definitely is one of my favorites because it has a great plot, loveable characters and even though it's a long book you can read it very fast. I would recommend this book to anyone, especially if you like fantasy and adventure books.



Written by: Enculescu Ioana Adriana
Coordinated by: Popescu Lucia
Designed by: Chiricioiu Andreea

# EVENTS

# SPRING EVENTS

CHANGE CAN TRULY BE".

## "SPRING: A LOVLY REMIDER OF HOW BEAUTIFUL

Nice quote, don't you think? Spring could be transformed into an amazing period of time if spent doing the right activities and being with people that make you happy. Spring could also be the season of changes, of trying new things, of making little things that might help the others a lot.

Volunteering is an amazing opportunity, where you can learn the value of friendship through communicative relationships. You can volunteer for many activities, including working in dog shelters, hotels, restaurants, different shops, libraries and so on. You can meet amazing people whom you share the same interests and become friends really quickly, and, from them, you can find out new and interesting stuff.

Also, participating at multiple activities, like organizing expositions and different competitions might help you find new hobbies that you never thought you'd try, but that you'll possibly love. Being part of a team stimulates you into being more careful with the ones around you and trust others more. These kind of activities keep you busy and concentrated, mentally healthy and happy.

*Happy Spring!*

Donating is important to lots of people that don't have many possibilities, any help from us being extremely important. Food, clothes, toys, money, or even blood donations would help many in need. You can give a hand to them especially on fairs, when a bunch of associations are asking for people's help.

Especially now, because of the war, families are in great need of food, clothes and other things. As well, they'll need a provisory home until they get back on their feet. You can offer them these simple, yet meaningful things, if you want them to live a normal life again, because they were working people, that happened the worst. These gestures would make them happy and their spring would become a little more colorful.

Another activity that might be done in spring is doing and selling trinkets in fairs, because watching people appreciating your work makes you happy, and, as well, raises your self-trust.

However, helping the others shouldn't be done only on important dates and periods of time, but every time we get the chance.

**Written by: Coman Natalia**
**Coordinated by: Popescu Lucia**
**Designed by: Flăcau Maria**

# Grammys 2023

The 65th annual Grammy Awards ceremony was held on the 5th of February 2023. The Grammys are music awards given to artists, songs and albums that had the greatest succes and impact on fans in the past year.

The nominations were announced on November 15, 2022. The nominees for the „Record of the year" award had lots of very popular artists, like Harry Styles, ABBA, Beyoncé, Adele and Doja Cat, the winner was Lizzo with her catchy song „About Damn Time" that will be stuck in your head for days after hearing it.

Another award was „Album of the year" which also had multiple popular artists nominated, but Harry Styles beat the other competitors with the album „Harry's House". Adele has also won an award this year, for the „Best Pop Solo Performance". These were just some of the nominees and winners for the 65th edition.

Some artists have more nominations than others, like Beyoncé with nine, winning four of them and Adele with seven nominations and carrying home one award.

The host of this year's edition was the comedian Trevor Noah, who also hosted the past two editions. The presenters of the Main ceremony were some of the most known individuals in the music industry, and not only, such as Jennifer Lopez, Madonna, Cardi B, Dwayne Johnson, Jill Biden, Chris Martin and Olivia Rodrigo.

Harry Styles' outfit was a very controversial one, he wore a Swarovski crystal jumpsuit that was all over social media after the event.

Jennifer Lopez was also one of Grammy's best dressed in 2023, her blue gown left everyone speachless.

Taylor Swift attended the awards in a „midnight" colored outfit, for her newly released album „Midnights".

Lizzo shocked fans with her outfit, she wore a red floral cape and was one of the stars of the night on the red carpet.

Some of my favorite outfits of the night were worn by Adele, who had a custom-made gown that was simple yet stylish, Beyonce who wore a silver metallic dress, but the best-dressed, in my opinion, had to be the country singer Kacey Musgraves, who had an all pink outfit, full of feathers, that was certainly something special and original.



Music lovers all over the world were either very fortunate after their favorite performer won, or mad at the ceremony after whoever they hoped to win, did not. That was the case of BTS, the k-pop boy group did not get any awards for the third time, making fans call the awards „racist", instigating another scandal in the social media world, just like in 2022.

In my opinion this edition was a succes, I think all the winners deserve their awards and I can't wait for next year's edition.

Written by: Enculescu Ioana
Coordinated by: Popescu Lucia
Designed by: Codreanu Elena

# VERSACE spring -summer 2023 collection




**Versace introduces a new color for spring 2023: Prince's purple**

The Versace Spring-Summer 2023 Collection is here, and it is all about celebrating the very best in fashion, art, and culture. the spring show that took place in Milan, featured a range of bold and vibrant designs, this collection is sure to make a statement with its eye-catching silhouettes and daring color combinations. The collection draws on the spirit of the classic Versace aesthetic, but with one modern twist combining the '90s Y2K style with the gothic style which is a mysterious and bold one. The focus is on silhouettes that are both sophisticated and edgy, with an emphasis on bright colors like highlighter yellow, barbie pink and price's purple and bold patterns. Highlights of the collection include a range of dresses featuring intricate details, bold prints and innovative cuts. From classic denim jackets to structured blazers and statement coats, there is something for everyone. The collection is completed with a range of accessories, such as bags, belts, scarves and sunglasses to complete any look. Technicolor brides in highlighter yellow and hot pink, complete with delicate veils, closed the show, and some of the industry's buzziest names walked, including Adut Akech, Precious Lee , Gigi and Bella Hadid, Irina Shayk, and Emily Ratajkowski. With this show's '90s/Y2K revival theme, it only made sense to have Paris Hilton close. Signature to the businesswoman and socialite's style, Hilton wore a hot-pink, sequined mini dress with a cowl neck. Even hotter pink fingerless gloves, stilettos and a pulled-back veil added the finishing touches.







**"I have always loved a rebel, a woman who is confident, smart, and a little bit of a diva," the designer said via press release.**

Written by: Datcu Amalia
Coordinated by:Ramona Cristea
Designed by: Danca Sara

# The Wonderful Events of Spring

Throughout the three months of Spring (March, April and May) we are given plenty of occasions to celebrate the beauty of this season and of this world.

In late February, we can already aknowledge the warm presence of Spring, the peaceful and vigorous transition from a ruthless yet ethereal winter. Not only does March brings us blossoms and euphoric feelings, but it comes with a variety of events:

**1st March**: Togheter with Moldova, Bulgaria, Serbia, North Macedonia and Albania we celebrate a common holiday called „Martisor", „Martenitsa" or „Martinka". On this special day, we offer or receive an object that is made from two intertwined red and white strings with a hanging tassel, which is later placed on the chest or on the hand, just like a brooch, a lapel pin or a bracelet.

**3rd March**: World Wildlife Day was officially proclaimed an international holiday in 2013, by the United Nations General Assembly (UNGA), in order to raise awarness about the dangerous world in which the wild fauna and flora are living. This year, ten years were marked, the theme being named „Partnerships for Wildlife Conservation".



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**8th March**: The International Women's Day is one of the most known holiday in the world, due to its special meaning. On this day we celebrate and hail our mothers, grandmothers, sisters and all the women on Earth. Historically, it started in 1909, in the US, but the German activist Clara Zetkin proposed that the Int'l Women's Day should be celebrated anytime, without a specific date, hence making 1911 the first year when this holiday became international. UN first acknowledged the holiday in 1975, later ratifying it in 1977.

**21st March**: International Day of Forests: As the name suggest, on this date we raise awarness for another cause: deforestation and the unmeasureable importance of forests. Each year we lose more than 13 million hectares. Forests cover 30% of the terrestrial surface, embracing 80% of the total biodiversity. The UNGA passed the resolution which made this holiday international in 2013.
Poetry Day: On every 21st March we are reminded of the signifiance of poetry, since 1999. This holiday has been given the task to promote and conserve poetry. We commemorate great poets and writers, such as William Shakespeare, Edgar Allan Poe, T. S. Eliot, Oscar Wilde, Ernest Hemingway, Maya Angelou, James Joyce, John Milton, Federico Garcia Lorca, Charles Dickens, Jane Austen, Voltaire, Goethe and last but not least, Mihai Eminescu.

**22 March**: World Water Day: This time, we are celebrating water. Its story is similar to the one of Int'l Day of Forests and World Wildlife Day, the only difference being that it started 10 years earlier than the later two. Their role is the same: Promote, conserve, love. All of these represent vital parts of our life.

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Your April starts with a very foolish day which you will discover a few rows later. Nature truly assembles this month, stretching from the coldness and transition of the last months. April was also designated the Stress Awarness Month (1992).

**1st April**: April Fools's Day: Its origins could date back in the early 16th century, in France and the Netherlands, although, we are not quite sure where this day came from. Despite the criticism that this holiday receives, plenty of people still celebrate it. Notable exceptions were during the Covid-19 Pandemic, when Public Broadcasters and Local News around the world stopped their famous tradition of pranking viewers, showing respect to the tragic conditions people were facing.

**7th April**: Since 1950, World Health Day reminds us to take care of us. We have to keep an eye on both our physical and mental health, in order to stay fit and happy. World Health Day is one of the 11 official health-related days and campaigns supported by WHO.

**22nd April**: Another renowned and special day: Earth's Day. It is probably one of the most well known holiday in the world, due to its fundamental meaning. The founders and co-founders of this remarkable day were John McConnell, Gaylord Nelson and Denis Hayes. On 22nd 1970, more than 20 million people gathered on the streets, so that they could show their enormous support for a greater cause. From 2009, Earth Day is an official celebration of our planet. One wish unites us: a stable society and less anxiety.

*Of course, The Easter Bunny could not go unnoticed so easily. This year, we will celebrate Easter on **9th of April (Catholic Easter)** and **16th of April (Orthodox Easter).**

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May brings the end of Spring. It also brings nostalgia, as we are heading to the final month of school, June. Both national and international events fulfill our monthly „bucket list", so be prepared to feast.

**1st May**: Labour Day, also known as „May Day", is the first event of this month. It is indeed, another important annual holiday, but it varies in some countries. In the most nations around the world, May Day falls or may fall on the first day of the month. It reminds us of the „eight-hour movement" which advocated for a complex, yet simple lifestyle: eight hours for work, eight hours for recreation and eight hours for sleep.

**8th May**: Often regarded as Victory Day or simply VE, 8th of May represents the end of the Second World War in Europe. Technically, it ended in two days: for most of Europe, especially the left side of the Iron Curtain, WWII ended on the 8th, when Germany signed the peace treaty at 23:01. But, for the USSR and the right side of the Iron Curtain (The Warsaw Pact), the war ended on the 9th, when the Soviet Union signed the peace treaty after midnight time.

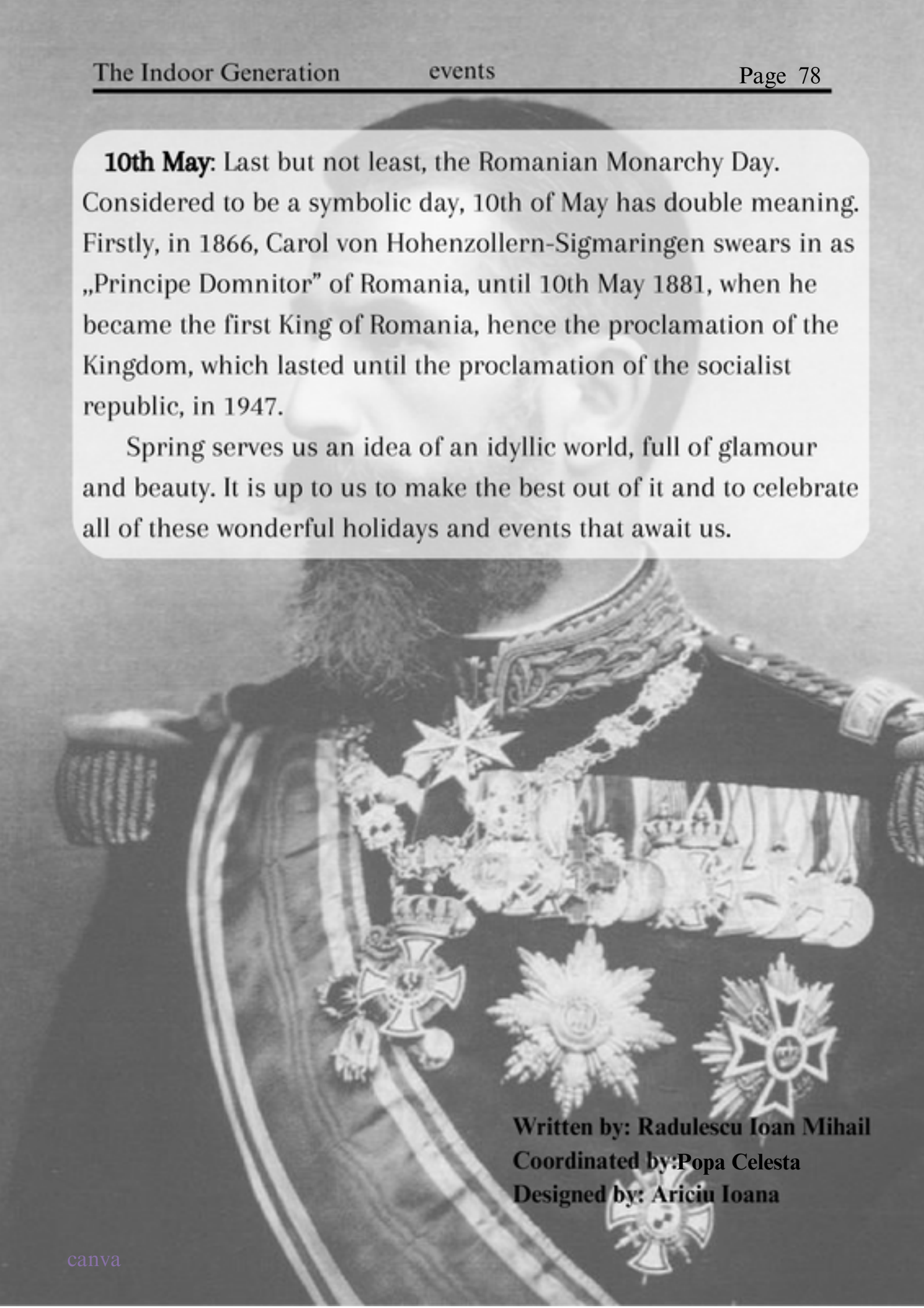
**9th May**: Joy across the European continent as we celebrate Europe Day. As a matter of fact, this day is also named the „Schuman Day", due to French Minister Robert Schuman's historic speech. Currently, 27 nations and 447 million Europeans celebrate this day.

**9th May**: National Independence Day: On the 9th of May 1877, Foreign Affairs Minister Mihail Kogălniceanu read the Declaration of Independence in the Chamber of Deputies. Later, Romania received support from the main powers of Europe, such as France, UK, the Russian Empire, ending with concede from the Ottoman Empire.

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**10th May**: Last but not least, the Romanian Monarchy Day. Considered to be a symbolic day, 10th of May has double meaning. Firstly, in 1866, Carol von Hohenzollern-Sigmaringen swears in as „Principe Domnitor" of Romania, until 10th May 1881, when he became the first King of Romania, hence the proclamation of the Kingdom, which lasted until the proclamation of the socialist republic, in 1947.

Spring serves us an idea of an idyllic world, full of glamour and beauty. It is up to us to make the best out of it and to celebrate all of these wonderful holidays and events that await us.



**Written by: Radulescu Ioan Mihail**
**Coordinated by: Popa Celesta**
**Designed by: Ariciu Ioana**

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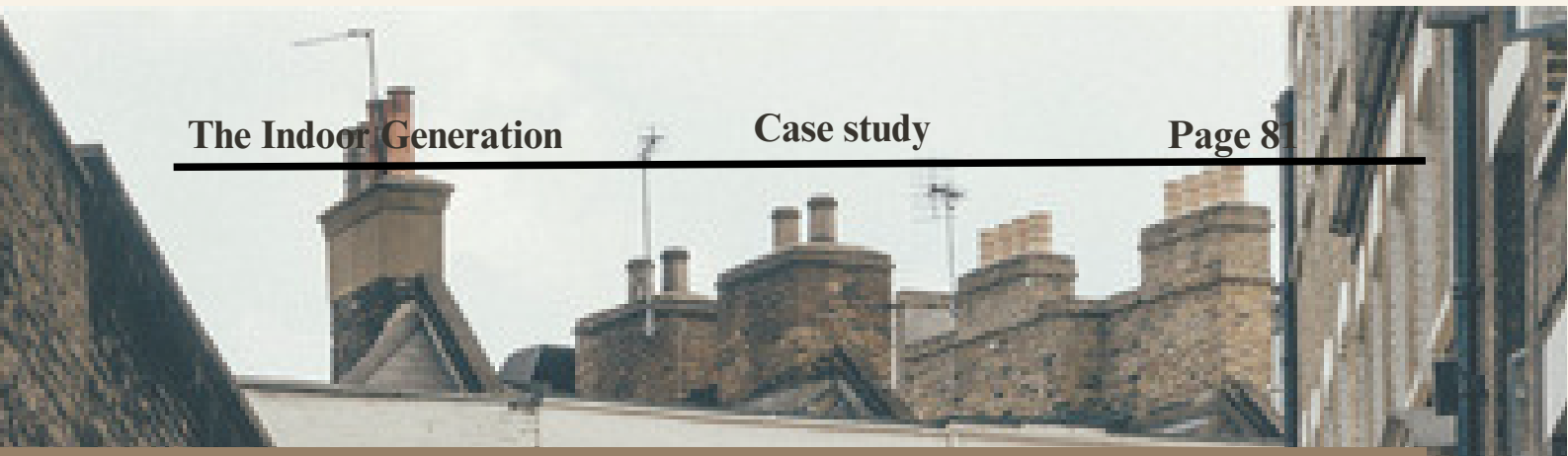
# CASE STUDY

# Teaching English

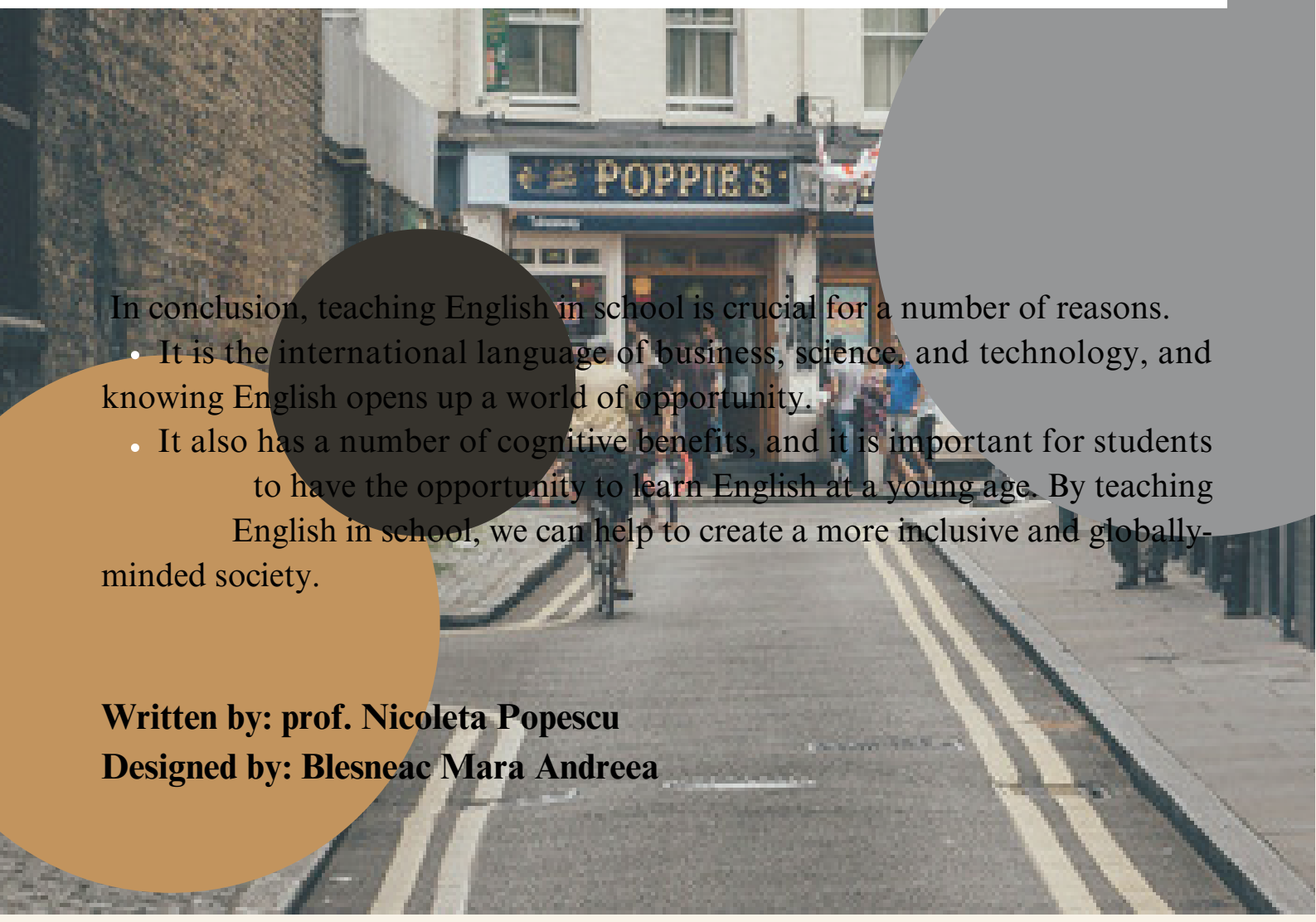
The importance of teaching English in school cannot be overstated. English is the most widely spoken language in the world, and it is the international language of business, science, technology, and diplomacy. Knowing English opens up a world of opportunity and allows individuals to communicate with a global community.

In today's increasingly interconnected world, the ability to speak English is becoming more and more valuable. With the proliferation of the internet and social media, people from all over the world are able to communicate and collaborate with one another more easily than ever before. As a result, being able to speak English is essential for success in many fields, including education, finance, technology, and international relations.

Furthermore, learning English in school can also have a number of cognitive benefits. Research has shown that learning a second language can improve problem-solving and critical thinking skills, as well as cognitive flexibility and creativity. It can also have a positive impact on memory and attention to detail.



**For these reasons, it is essential that English be taught in schools. It is important for students to have the opportunity to learn English at a young age, as this allows them to develop a strong foundation and become proficient in the language. This is particularly important for students who come from non-English speaking backgrounds, as it can help them to better integrate into mainstream society and achieve academic success.**




In conclusion, teaching English in school is crucial for a number of reasons.

- It is the international language of business, science, and technology, and knowing English opens up a world of opportunity.
- It also has a number of cognitive benefits, and it is important for students to have the opportunity to learn English at a young age. By teaching English in school, we can help to create a more inclusive and globally-minded society.

**Written by: prof. Nicoleta Popescu**
**Designed by: Blesneac Mara Andreea**



# BEING A PARENT IS NOT AN EASY JOB!

The first moment you hold your child in your arms you know that you will love that miracle unconditionally till your last breath, no matter how hard this job can be, or how many challenges you have to face. And since none of them are accompanied by a user manual, being a parent can be very difficult to watch your child go through difficult situations, whether it be a love deception, problems in school, or even drug addiction. However, it is important to remember that as a parent, you have the ability to play a significant role in helping your child navigate these challenges and come out stronger on the other side. In this article, we will discuss some practical ways that a parent can help their child during these difficult times.

1. First and foremost, it is important for parents to be present and available for their child during difficult times. This means being there to listen, to offer support, and to provide guidance. It is important for your child to know that they can come to you with their problems, and that you will be there to help them through it

2. One way to be present and available for your child is to establish open and honest communication. This means being willing to talk about difficult topics, such as love deception or drug addiction, in a non-judgmental and supportive manner. It is important to remember that your child may be feeling a range of emotions, such as embarrassment or shame, and it is important to be understanding and empathetic.

Another way to help your child during difficult times is to offer practical solutions. For example, if your child is struggling with drug addiction, you may want to research local support groups or rehab facilities that can help them overcome their addiction. If your child is experiencing problems in school, you may want to consider hiring a tutor or working with their teacher to develop a plan to improve their grades. It is important to remember that the most important thing is to help your child find a solution that works for them.

In addition to offering practical solutions, it is also important for a parent to help their child develop coping mechanisms. This means teaching your child healthy ways to deal with stress and difficult situations. For example, you may want to encourage your child to engage in activities such as exercise, mindfulness, or journaling. These activities can help your child to process their emotions and gain a sense of control over their difficult situation.

Finally, it is important for a parent to model healthy behavior for their child. This means leading by example and showing your child how to deal with difficult situations in a healthy and positive way. For example, if your child is going through a love deception, it is important for you to show them that it is possible to move on and find happiness again. It is important to remember that your child is watching and learning from you, so it is important to be a role model for healthy behavior.

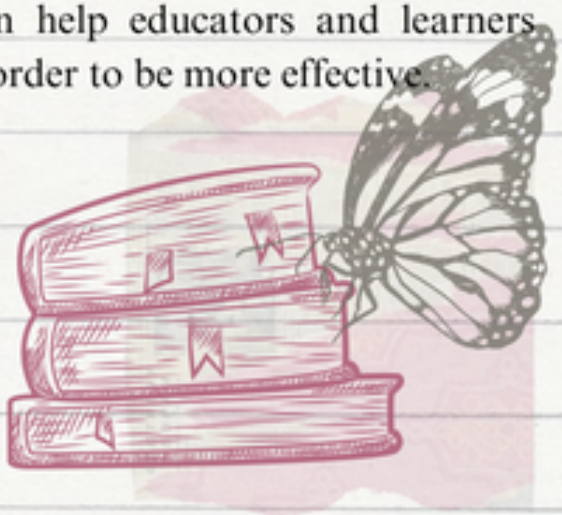


WRITTEN BY prof. POPESCU NICOLETA

DESIGNED BY LUCA BIANCA

# Types of learners

Many children discover late in their school life what their learning type is, but once they do it, they save so much time and energy doing every day homework. Psychologists say that there are several different types of learners, each with their own unique strengths and challenges. Understanding these different types can help educators and learners alike tailor their approach to learning in order to be more effective.



**One common type of learner is the visual learner. These individuals learn best through visual aids such as diagrams, pictures, and videos. They tend to have strong spatial awareness and may struggle with verbal instructions alone.**



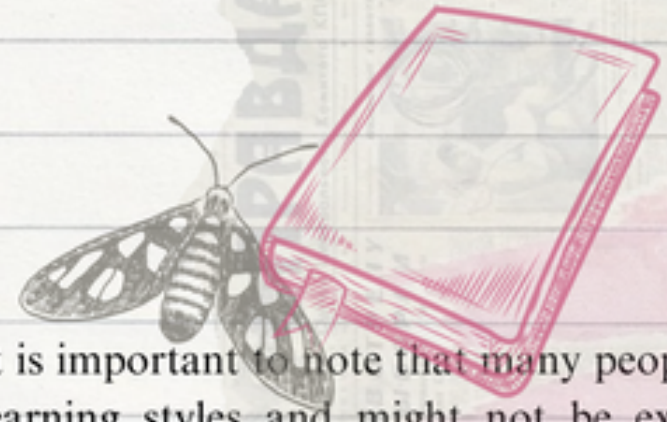
Another type of learner is the auditory learner. These individuals learn best through listening and may find lectures and podcasts to be more effective than reading. They may struggle with visual instructions and may benefit from verbal explanations and audio recordings.

A third type of learner is the kinesthetic learner. These individuals learn best through hands-on activities and may struggle with abstract concepts. They tend to be active and may benefit from physical activities, simulations, and experiments to help them understand new material.



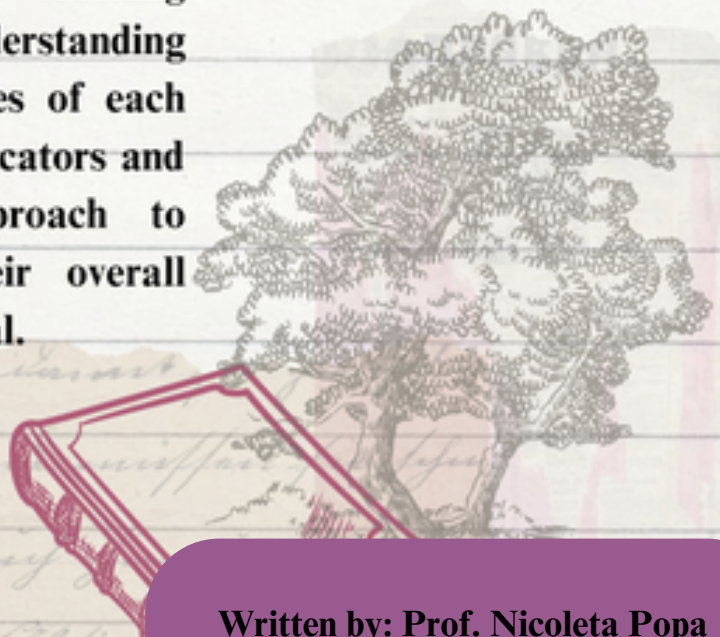
**Written by: Prof. Nicoleta Popa**
**Designed by: Serban Maya Elena**

**Lastly, there are those who are read-write learners. They learn best through written and printed materials and tend to take notes and make outlines to help organize information. They may have difficulty with verbal explanations and may benefit from written instructions and diagrams.**



It is important to note that many people have a combination of these learning styles and might not be exclusively one type of learner. Furthermore, different subjects or tasks may elicit different learning preferences. Therefore, it is essential for educators and students to be aware of the different types of learners and to provide a variety of teaching methods to accommodate everyone.

**In conclusion, different types of learners require different teaching methods to be effective. Understanding the strengths and challenges of each type of learner can help educators and learners tailor their approach to learning and improve their overall understanding of the material.**



**Written by: Prof. Nicoleta Popa**
**Designed by: Serban Maya Elena**

# The symbolism of flowers

Have you ever thought about the meaning of a flower? Have you considered it significant? Flowers play an important role in literature and art, being a symbol in various cultures. Each flower has a specific meaning. In this article, I will introduce the multiple meanings of flowers and the way they can transmit a powerful note in literature, leaving an impact on the reader.

Firstly, when it comes to love, flowers have been used to express it throughout the ages and are used in art and literature. Flowers as the symbol of love including first love, passion, romantic, and even familial love. Red roses are a symbol of love and perfection and have the nickname of the most romantic flower. Apart from roses, tulips, lilacs, carnations, orchids, forget-me-nots, and camellias are symbols of love. Orchids represent mysterious love and are considered luxurious, unlike roses. According to Chinese culture, the peony is also a symbol of love and is added to wedding bouquets. For example in `Lead Us To A Place: Your Spiritual Journey Through Life's Seasons` by Andrew Pacholyk the author uses the rose to express love and joy in the sequence:

`The gentle rose offers a powerful joy known only to the heart.`

Secondly, flowers play a role in friendships as well. Yellow roses are at the top of the list. Sunflowers, chrysanthemums, and daisies are other flowers that are considered symbols of friendship. In `A Secret Affair` by Mary Balogh in the sequence: ` Everyone was a rose but even more complex than a mere flower. Everyone was made up of infinitely layered petals. And everyone had something indescribably precious at the heart of their being. No one was shallow. Not really.` the author uses flowers as a symbol of friendship, devotion, and mystery.

Thirdly, flowers have an influence when it comes tobeauty. Among all the flowers,Dahlia stands as the flower symbol of beauty. Amaryllis, orchids, and black-eyed Susan, also represent beauty and are considered flowers with symbolism.

In `She'll Find the Sky: A Collection of Poems` by Christy Ann Martine the sequence : `The flowers you see/blooming in the sunshine/were once hidden seeds/ waiting patiently for the rain.` highlights the fact that flowers represent beauty, patience, and hope as the writer describes how the flowers wait for the rain and people must learn from them.

Lastly, flowers have dark and deep meanings such as death. Lillies are known as funeral flowers and are symbols of death carnations and gladiolus. Marigolds or orange Cempasuchil are specially grown in Mexican and Mexican-American culture for the celebration of El Dia de Muertos. In the sequence: `She is a flower in the wind/Her bloom is gone./The wind must take her petals one by one./She brought joys to beholders,/Lean stalk of a stem,/the wind once proud of her./The seer cannot see herself./Dying is the wind's full grief.` from `Enchanted Flowers` by Arthur Gregor, the flower represents death, and the loved one who had died is compared to the flower because of her short life.

To summarize, flowers play a very important role in our lives and have an impact on art and literature, helping the artist to express himself or herself. Who would have thought that such a fragile creature can have so many meanings? They can bring happiness, beauty, new friendships and also death.

# The most haunted Forests in the world

*I think most people like haunted places. Maybe it's about the feeling of mystery or maybe that of fear, but I'm convinced that you who are reading this article have at least once been through a paranormal situation or maybe you've been through a place that scared you.* ***I chose to write this article because I think some people are not aware of the dangers that might happen in forests.***

## Hoia Baciu

*I will start with the famous* ***Hoia Baciu Forest****. This area is known as Bermuda Triangle of Transylvania. Some belive it to be a portal that causes visitors to disappear. From the moment a man capture a photo of a UFO, this place gained paranormal notoriety. A very interesting fact is that the trees are curved. Everyone who comes here says this place gives them a feeling of anxiety and restlessness.*



The Hoia Baciu Forest

The Hoia Baciu Forest



*Another spooky place is **The Island of the Dolls**. Has reached a certain amount of internet fame for the hundreds of dolls and doll parts hanging from trees. Today, the island is believed to be haunted by the ghost of a drowned girl. Local legend even states that the dolls have been heard whispering to each other, moving their heads and arms, and opening their eyes.*



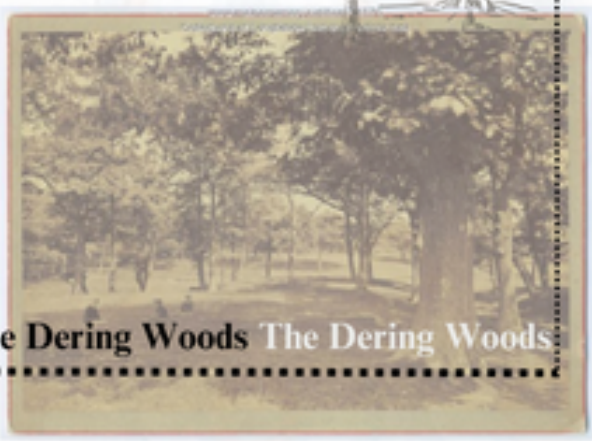

The Island of the Dolls



***Dering Woods**, Smarden, England is known as **"the Screaming Woods"**. Visitors report hearing harsh and loud screams coming from the forest's depths at night as well as footsteps and whispers on foggy days. Many people believe the hauntings are the result of a 1948 massacre, where 20 people were supposedly found dead in the forest the morning of November 1 st. Residents reported seeing strange lights emanating from the woods that Halloween night.*







The Dering Woods

The Dering Woods The Dering Woods

***Elfin Forest, California***

*The community of Elfin Forest sounds like it belongs in the world of Tolkien, even though it lies just southwest of Escondido in San Diego County. How fitting, then, that it is crawling with tall tales, myths, and stories of haunted spirits and goblins. Legend has it that Romani people used to occupy Elfin Forest in the early 19th century, until nearby townsfolk drove them out and slaughtered those that remained behind. Supposedly, they exacted revenge by cursing the forest and its surrounding lands. Today, people have claimed to see all kinds of eerie apparitions, like a floating woman dressed in white, a cloaked spirit riding a black stallion, and mysterious footprints.*







The Elfin Forest

"When scheming demons, lovelorn ghosts and energy vortexes abound, only the bravest of travellers should enter"

Written by: Trică Andreea
Coordinated by: Cristea Ramona
Desigend by: Șerban Maya Elena

# Blooming paintings

**Nature has always been a wonder to the human eye, especially in art. It is very impressive how an artist can capture all the textures and fragile details in a painting. Flowers are a symbol when it comes to spring and they had and still have a huge impact on art. In this article, I will introduce you to the stories behind some of the most enchanting flower paintings.When it comes to flower paintings the famous dutch painter Vincent Van Gogh followed by Claude Monet, the french founder of impressionist painting, are the perfect duo.**

**Starting with `Still Life Vase with Twelve Sunflowers` by Vincent Van Gogh, painted in 1888. The talented and troubled Impressionist artist was a lover of sunflowers. This still life featuring sunflowers is part of his Arles series, one of two series about sunflowers. Although according to the title, the vase holds twelve sunflowers, van Gogh reworked this painting at a later stage, and it features 15 flowers. It is one of the most famous depictions of flowers and his most well-known paintings.**



**Besides sunflowers Van Gogh loved irises which lead him to paint another famous piece of art called `Irises` in 1890. Vincent Van Gogh completed this painting in the psychiatric hospital a year before his death. He is said to have called it “the lightning conductor for my illness”. The vivid expression of moving life within this painting likely felt to him like hope for recovery and continued life.**

We have talked about sunflowers and irises but what about something that really reminds you of spring? Van Gogh has a painting that brings the spring spirit even if it's another season. `Almond Blossoms` is a painting made in 1890 that cannot be forgotten. Large blossom branches like this against a blue sky were one of Van Gogh's favorite subjects. Almond trees flower early in the spring making them a symbol of new life. Van Gogh borrowed the subject, the bold outlines, and the positioning of the tree in the picture plane from Japanese printmaking.



Continuing with the remarkable pieces of art by Claude Monet, `Water Lilies` is one of his most famous paintings. We cannot speak about the most famous flower paintings of all time without mentioning Claude Monet. At the mention of Monet, flowers spring to mind.



In this famous work by Monet, flowers, the sky, plants, and water merge to form a dreamy and soft landscape. Monet manages to capture how the waterlilies and the water around them reflect and refract the sunlight. Monet has another painting with lilies that has a new element, a pond.`The Water Lily Pond` was painted in 1899 having a connection with `Water Lilies` that is very well done.

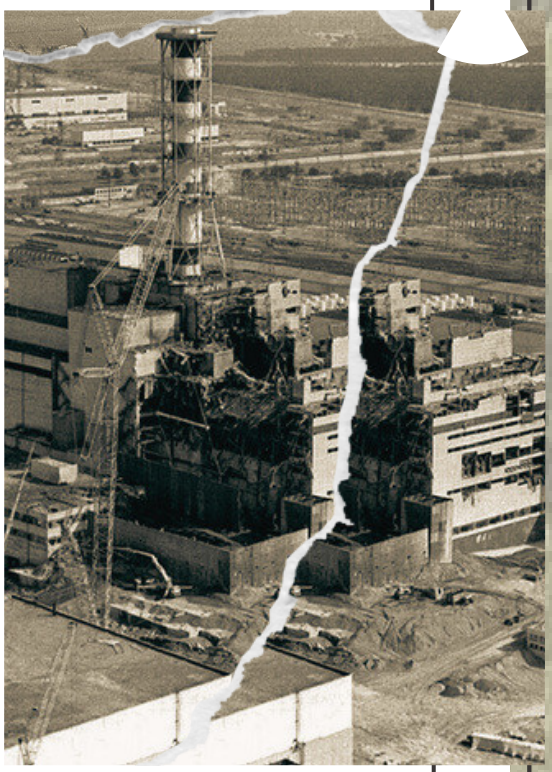
Besides lilies, Monet managed to leave his print on flower paintings with one of his other famous paintings called `The Artist's Garden at Giverny` made in 1900. As a young man, Monet, like many young people today, was dissatisfied with urban life. But he did not turn his back on it decisively until he reached middle age. Then his attachment to nature led him to create his own “living landscape,” his flower and water gardens at Giverny, that he also painted.



In conclusion, Vincent Van Gogh and Claude Monet are the founders of flower paintings. They managed to start a new type of technique and capture the beauty of nature. Each of them made sure that the public would feel their presence in the paintings by adding their signature flowers, Van Gogh and his sunflowers, and Claude Monet and his water lilies.

Written by: Buciuman Teodora
Designed by: Crișcov Alessia

# The Chernobyl Disaster



We have all heard about the Chernobyl disaster, more or less. This is actually the name of a city in the Kiev region of Ukraine. In 1986, there was a nuclear accident at the nuclear power plant in this city,which was abandoned. After this disaster, there were still people living there and there were also patrolling workers and administrative staff to observe the level of radiation. The city, which was a royal village in the 13th century, had a population of approximately 14.000 inhabitants. The territory of the contaminated area is 30 kilometers, and at the time, the explosion was felt even in Romania, on the border with Ukraine. After all disaster, many people lost their lives, but there are also cases in which they survived but different mutations appeared due to the radiation. Even today it is a very dangerous area and at any time another nuclear explosion can occur if that place it is very populated by people.





Chernobyl was one of the most catastrophic nuclear accidents in history and also the most serious. The consequences exist for flora, fauna, but also people. It was established by scientists that this area will no longer be habitable for 20.000 years. At first, 28 people were killed and more than 100 people were injured.

The Scientific Committee of the United Nations Organization for the Study of the Effects of Atomic Radiation announced that more than 6,000 children and teenagers developed thyroid cancer after being exposed to radiation. In total, approximately 4,000 people were exposed to high levels of radiation. Currently, there are great efforts to control the radiation that is still present in the reactor area. Isolation, monitoring and cleaning will continue until 2065 at least.





After the accident, an area of about 10 km^2 was called the "red forest" because many trees turned reddish brown and died after absorbing high levels of radiation from the atmosphere. Many trees grew and adapted. The populations of some species, such as the lynx, have increased. Also, in 2015 it is estimated that there were seven times more wolves in the exclusion zone than in the nearby reservations.

**Written by: Tuță Ana Alexandra**
**Coordinated by: Cristea Ramona**
**Designed by: Chiricioiu Andreea**

# BULLYING IN SCHOOLS

Bullying in schools is a serious problem that affects millions of students every year. Bullying can take many forms, including verbal, physical, and social bullying. Understanding the different types of bullying can help educators and parents recognize when a child is being bullied, and take steps to intervene and stop the behavior.

**Verbal bullying** includes name-calling, teasing, and threatening language

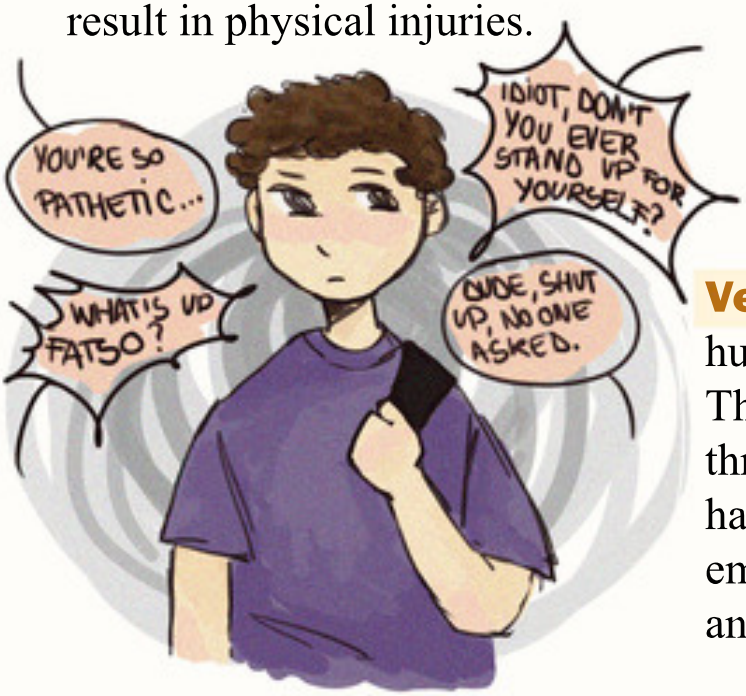
**Physical bullying** includes hitting, pushing, and other forms of physical aggression.

**Social bullying** includes spreading rumors, excluding others from social groups, and manipulating friendships.

Understanding the different types of bullying can help educators and parents recognize when a child is being bullied, and take steps to intervene and stop the behavior.

**Physical bullying** is the most visible form of bullying and includes behaviors such as hitting, pushing, and tripping. This type of bullying can cause physical injuries and can leave lasting emotional scars. It can also lead to a fear of going to school or participating in extracurricular activities. Physical bullying can also result in physical injuries.






**Verbal bullying** involves the use of words to hurt, degrade, or humiliate another person. This can include name-calling, teasing, and threatening. Verbal bullying can be just as harmful as physical bullying, as it can cause emotional distress and lead to low self-esteem and a lack of confidence.



**Social bullying**, also known as relational bullying, is a subtle and often insidious form of bullying that can be difficult to detect. It involves the manipulation of social relationships and can include behaviors such as spreading rumors, exclusion, and manipulation. Social bullying can have **a devastating impact on a child's emotional** well-being and can lead to feelings of isolation and loneliness.




**Cyberbullying** is another form of bullying that has become increasingly common in recent years. This type of bullying involves the use of technology, such as social media and text messaging, to harass, threaten, or humiliate another person. Cyberbullying can be particularly **harmful, as it can be** difficult to escape and can be seen by a wide audience.

In order to effectively address bullying in schools, it is important to be aware of the different types of bullying and to take a proactive approach to preventing and stopping it. This can include educating students about the impact of bullying, creating a positive school culture, and implementing policies and procedures to address and prevent bullying behavior. Additionally, parents and educators should work together to support and empower students who are being bullied, and to hold bullies accountable for their actions.

There are several things that schools can do to address the problem of bullying. One is to have a zero-tolerance policy for bullying. This means that any student who is found to be bullying others will be punished. Another is to educate students about what bullying is and how to prevent it. This can be done through classroom lessons, assemblies, and other educational programs.

It is also important for schools to create a culture of kindness and respect. This can be done by promoting positive behaviors and rewarding students who exhibit them. Additionally, schools can provide support for students who are being bullied, such as counseling services and support groups. It is essential for teachers to take an active role in preventing bullying in their classrooms and school communities.

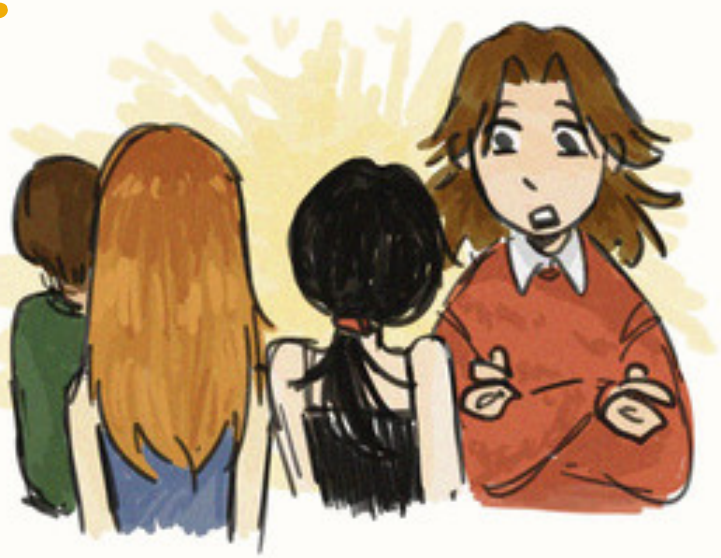
**Here are some strategies that teachers can use to prevent bullying in schools.**

## 1. Create a Safe and Supportive Environment

Creating a safe and supportive environment in the classroom is essential in preventing bullying. Teachers should make sure that all students feel valued and respected. They can do this by using positive reinforcement, encouraging open communication, and promoting inclusivity. When students feel safe and supported, they are less likely to engage in bullying behavior.

## 2.Educate Students on Bullying

Education is key in preventing bullying. Teachers should educate students about the different forms of bullying, such as verbal, physical, and cyberbullying. They should also teach students about the negative effects of bullying and how to report it. Additionally, teachers should **teach students about bystander intervention**, which can be an effective way to stop bullying in its tracks.



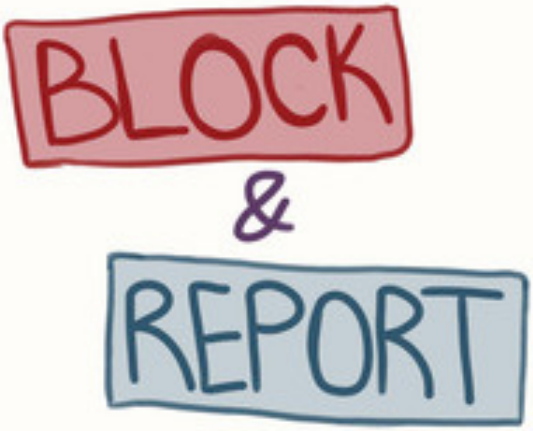
## 3.Encourage Positive Relationships



Building positive relationships between students can also prevent bullying. Teachers should encourage students to interact with one another, and they should model positive behavior themselves. They can do this by promoting teamwork and cooperation in their classrooms, and by encouraging students to celebrate their differences.

## 4.Implement a Zero-Tolerance Policy

A zero-tolerance policy is essential in preventing bullying. Teachers should make it clear that bullying will not be tolerated in their classrooms or school communities. They should also ensure that there are consequences for bullying behavior, such as detention or suspension. When students know that there will be consequences for their actions, they are less likely to engage in bullying behavior




## 5.Monitor Social Media

Cyberbullying is a growing problem in schools, and teachers should be aware of what is happening on social media. They should monitor social media platforms, such as Facebook and Instagram, to ensure that students are not engaging in bullying behavior. They should also educate students about the dangers of cyberbullying and how to report it.

**Parents** also play a critical role in preventing bullying. They can teach their children about kindness and respect, and they can also teach them how to handle bullying if it occurs. Parents can also work with schools to address bullying and advocate for their child if they are being bullied. Children who are bullied are at a higher risk of depression, anxiety, and even suicide. Parents play an important role in preventing bullying in schools, and there are several things they can do to help protect their children from bullying.

The first thing parents can do is to talk to their children about bullying. Children should be taught what bullying is, how it can affect them, and what they can do to protect themselves. Parents should also encourage their children to speak up if they are being bullied, and to tell an adult they trust.

Another thing parents can do is to encourage their children to be involved in school activities. Children who are involved in school activities are less likely to be bullied, and they are more likely to have a positive experience in school. Parents should also encourage their children to make friends, and to be kind to others.

Overall, bullying is a serious problem that affects millions of students every year. Schools must take action to address it and create a safe and positive environment for all students. Parents also play an important role in preventing bullying and supporting their children. Together, we can work to end bullying in schools and ensure that every student feels safe and respected.

# LEARNING STRATEGIES IN ORDER TO ACHIEVE SUCCESS IN SCHOOL

As class master for almost two years already (class 6C), I couldn't notice the fact that gymnasium children have many difficulties when we talk about learning. So, having endless discussions with them I tried to make a list of effective strategies in order to help them.

**Here are a few ideas for students:**

- Setting specific, achievable goals: This can help you focus your efforts and give you a sense of progress as you work towards your goals.
- Creating a positive learning environment: This can include finding a quiet place to study, eliminating distractions, and creating a comfortable and organized workspace.
- Using active learning techniques: Instead of simply reading or listening to lectures, try to engage with the material in a more hands-on way. This couldinclude asking questions, participating in discussions, and solving problems.
- Reviewing and summarizing: Reviewing and summarizing the material you have learned can help you better understand and remember it. You can use note-taking, creating mind maps, or making flashcards to help with this process.
- Varying your learning activities: Mixing up your learning activities can help keep you engaged and can also help you better retain the material. For example, you could try reading about a topic, then watching a video about it, and then discussing it with a group.
- Seeking additional resources: If you are struggling to understand a concept, don't be afraid to seek out additional resources, such as textbooks, online articles, or tutors.

Also, there are many ways in which **parents** can support their children's learning at home. **Here are a few ideas:**

- Create a positive and supportive learning environment at home. This can involve setting aside a quiet and well-lit space for your child to do their homework, making sure they have the supplies they need (e.g. pencils, paper, a calculator), and providing encouragement and praise for their efforts.

- Stay involved in your child's education. Attend parent-teacher conferences, stay up-to-date on their progress, and communicate with their teachers regularly to find out what your child is learning and how you can support their learning at home.

- Encourage your child to take an active role in their learning. Help them set goals for what they want to learn, and encourage them to take ownership of their learning by asking them to come up with their own questions and ideas.

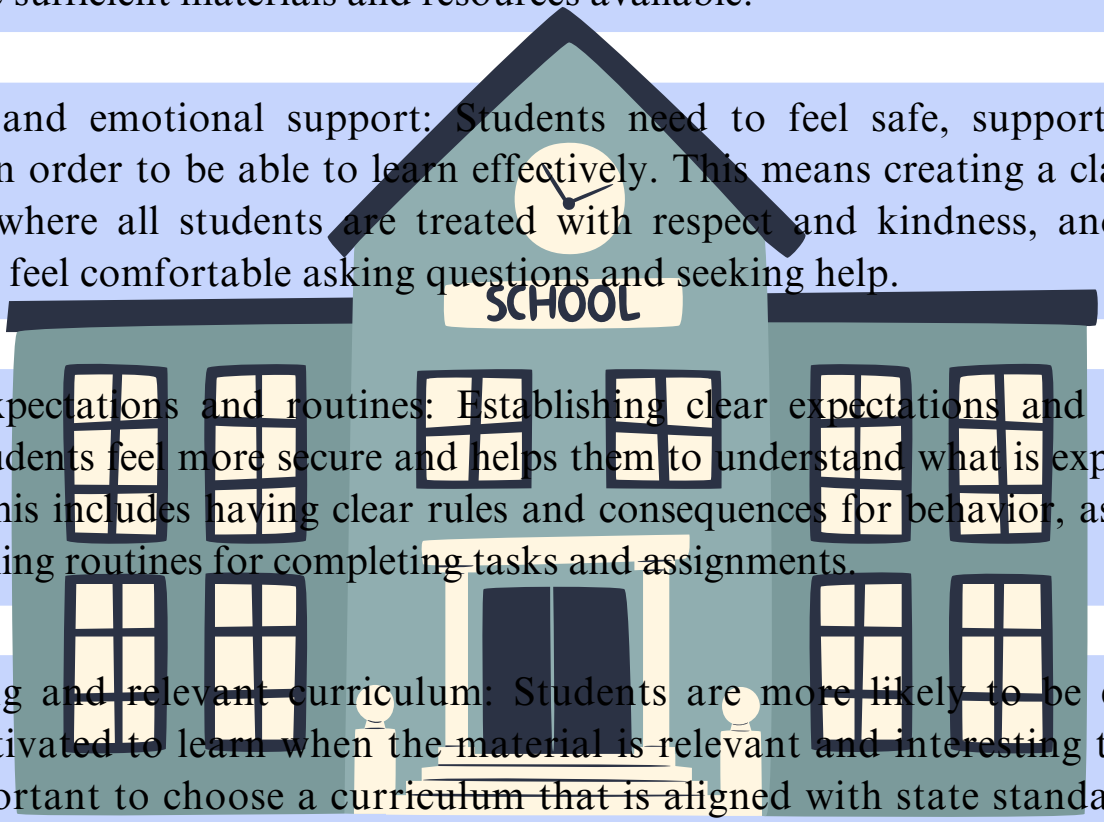
- Provide opportunities for hands-on learning. This can involve doing experiments, building projects, or going on field trips to places that relate to what your child is learning in school.

- Make learning fun. Incorporate educational games and activities into your child's daily routine, and encourage them to pursue their interests and passions through reading, writing, or other activities.

- Encourage a growth mindset. Help your child understand that it's okay to make mistakes and that learning is a process that requires effort and persistence.

School success also involves creating a positive and supportive learning environment for children in **school**. There are a few key factors to consider when setting up a learning environment that **will help students succeed**:

- Physical setting: The physical setting of the classroom or learning space should be organized, clean, and comfortable. This includes ensuring that there is enough space for students to move around and work comfortably, as well as ensuring that there are sufficient materials and resources available.




- Social and emotional support: Students need to feel safe, supported, and valued in order to be able to learn effectively. This means creating a classroom culture where all students are treated with respect and kindness, and where students feel comfortable asking questions and seeking help.

- Clear expectations and routines: Establishing clear expectations and routines helps students feel more secure and helps them to understand what is expected of them. This includes having clear rules and consequences for behavior, as well as establishing routines for completing tasks and assignments.

- Engaging and relevant curriculum: Students are more likely to be engaged and motivated to learn when the material is relevant and interesting to them. It's important to choose a curriculum that is aligned with state standards and is challenging but attainable for students.

- Technology and resources: Providing students with access to technology and other resources can enhance their learning experience. This includes things like computers, tablets, and other digital tools, as well as books, manipulatives, and other materials.

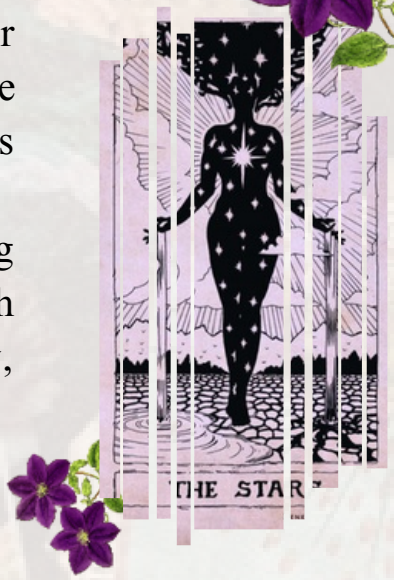
By creating a positive and supportive learning environment that addresses these key factors, you can help set your students up for success in school.

**Written by: Prof. Nicoleta Popescu**
**Designed by: Nicolae Iuliana**

# Spring"s Mythology

All the four seasons (Winter, Spring, Summer and Autumn) were associated with mythology or mythological creatures. On some cultures, the impact is still showing its effects, while the others have forgotten about it.

In Europe, the most known Godesses of Spring are **Persephone (Greek) and Flora (Roman)**. Both of them represented Spring as a whole: fertility, birth and rebirth.






Celtics and Anglo-Saxons considered Brigid and Ēostre/Ostara as their Godesses. Brigid was the Godess ofFire, the Home, Poetry and the end of Winter. The **„Imbolc"** festival celebrates both the beggining of spring brought by Brigid and Saint Brigid's Day, the Saint Patroness of Ireland. Meanwhile, Ēostre is the namesake of Easter and the Early German Calendars had a month bear her name.

On the other hand, Slavs have another representant: **Jarylo (Ярило)**. He is the God of vegetation, springtime, fertility and beauty. Due to the fact that his celebration was near St. George's one, it quickly assimilated to the Christian values of spring.

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Another representant is **Vesna (Весна)**, Godess of Spring. She was mostly a mythological character associated with Spring and youth. She represented the opposite version of Morana, Godess of Winter.

The Etruscan equivalent of Aphrodite and Venus was Turan, Godess of love, fertility and vitality. She was the patroness of the ancient city Velch. Most of the times she was associated with birds, such as doves and swans, due to her being graceful.

Aphrodite was the Godess of beauty and love. Her parents were Zeus and Dione, according to Homer. After her, the 5th day of the week was named (Friday). Her symbols includedthe rose, swan, dove, myrtels and sparrows.




Throughout our evolution, people belived into soulless objects, Gods and Godesses and then only one God. But haveour cultural origins really faded away? Aren't we still tied to the same beliefs, the ones of rebirth, passion and love? Spring proves right every single year, giving us a nostalgic feeling of commitment and devotion.

**Written by: Radulescu Ioan Mihail Coordinated by: Popa Celest Designed by: Serban Maya Elena**

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# 10 TIPS FOR A STUDENT TO ENJOY SCHOOL

As a student, school life can be challenging and stressful at times. However, it is also a time of growth and self-discovery. To make the most of your school experience, it is important to learn how to enjoy school life. Here are 10 tips to help you do just that:

1. **Get involved in extracurricular activities.** Joining a club or team that interests you can be a great way to make new friends and have fun outside of class. Plus, it will look great on your college application.

2. **Find a study group.** Studying with friends can make the process less daunting and more enjoyable. Plus, it is a great way to learn from others and get different perspectives.

3. **Take care of yourself.** Eating well, getting enough sleep, and exercising regularly will help you feel better physically and mentally. This will make it easier to handle the stress of school.

4. **Set goals.** Having something to work towards will give you a sense of purpose and motivation. Make sure to set both short-term and long-term goals.

5. **Find a balance.** It is important to have a balance between school work, social life, and personal time. Make sure you are not neglecting any of these areas.







6 **Get to know your teachers.** Building a relationship with your teachers can make it easier to ask for help when you need it. Plus, it is always good to have a positive relationship with the people who are grading your work.

7 **Make time for fun.** Don't let school take over your life. Make sure to take some time to do things you enjoy, whether it's playing sports, watching movies, or hanging out with friends.

8 **Be open-minded.** High school is a time of change and growth. Be open to new experiences and new people. You never know who you might meet or what you might learn.

9 **Learn from your mistakes.** Everyone makes mistakes, but it is important to learn from them. This will help you grow and become a better person.

10 **Remember why you are there.** School is a means to an end. It is important to remember that the reason you are there is to get an education and prepare for your future.

In conclusion, school life can be challenging and stressful, but it can also be a time of growth and self-discovery. By following these tips, you can learn to enjoy school life and make the most of your experience.
Remember to get involved in extracurricular activities, find a study group, take care of yourself, set goals, find a balance, get to know your teachers, make time for fun, be open-minded, learn from your mistakes, and remember why you are there.

**With a little bit of effort, you can make the most of your school experience and have fun while doing it.**

Wrtitten by: Prof. Nicoleta Popescu
Designed by: Potop Alexandra-Maria

# SPRING

Spring is one of the four seasons, when the transition from winter to summer takes place.

It usually starts in March and lasts in March, April, May. Some consider that spring begins on March 20, when the spring equinox occurs, and ends on June 21, when the summer solstice occurs. On the day of the spring equinox, it is assumed that there are 12 hours of natural light and 12 hours of night on earth. During spring, the sun rises earlier and sets later, and the wind can appear more often and be stronger at times. In warmer climates at the end of spring, hurricanes and tornadoes can appear.

Lilac, narcissus, iris, tulip or dandelion are just some of the well-known spring flowers.

Spring is the best season, because you can see how the nature comes alive after a dead winter. All trees are colourful in the spring and the sun is touching us with his rays. Also isn't very hot outside like în the summer but not very cold like in the winter. Spring is a symbol of rebirth, of beginning. Nature revives, takes on green, full of flowers, trees bud, plants bloom. It is a season of transition, from the cold of winter to the heat of summer. It is a symbol of hope, in that after three months of freezing, everything returns to normal, in an atmosphere close to celebration. Nowadays many holidays are celebrated in spring, such as: Easter, Forest Day, Earth Day, Mother's Day, Father's Day. Painted, colored or decorated eggs represent the celebration of Easter for Christians. 50 days after Easter, Pentecost Sunday is celebrated, which is also a great Christian holiday.




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It is known that the harbinger of spring is the snowdrop. It is a fragile flower with a tender appearance, which reminds that the winter season is over. The scientific name of the snowdrop is 'Galanthus navalis', which means 'white flowers' and 'like snow'.

At the same time, snowdrops grow in severe frost or cold conditions and bloom despite negative temperatures, this being a sign of courage and resistance.

The first day of spring is March 1 and is celebrated by the Romanian people with mărțișoare. The martișor is a decorative object, to which is attached a cord braided with two threads: white and red. It is offered to loved ones starting on the first day of March and is considered to be a harbinger of spring. It is worn on the chest or on the wrist, throughout the month of March.

It is believed that both the Romanians and the Bulgarian neighbors have this tradition of giving martisoare. This would be due to the Dacian heritage, later supplemented by other popular legends. In 2017, Mărțișor was included by UNESCO on the Representative List of the Intangible Cultural Heritage of Humanity.

• The beautiful spring came; and when nature resumes her loveliness, the human soul is apt to revive also.- Harriet Ann Jacobs

• The spring wakes us, nurtures us and revitalizes us.

How often does your spring come?

If you are a prisoner of the calendar, it comes once a year. If you are creating authentic power, it comes frequently or very frequently. -Gary Zukav




Written by: Dumitrescu Madalina Ioana
Coordinated by: Ramona Cristea
Designed by: Serban Maya Elena

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# Teachers in the 21st century

Teachers in the 21st century face many challenges and opportunities as they adapt to the changing needs and expectations of their students and the education system. These challenges and opportunities can be broadly grouped into four categories:



1. Technology: Teachers in the 21st century must be proficient in using technology to support learning and be able to teach students how to use technology responsibly and effectively. This includes being able to use digital tools and resources to enhance instruction, facilitate communication and collaboration, and assess student learning.

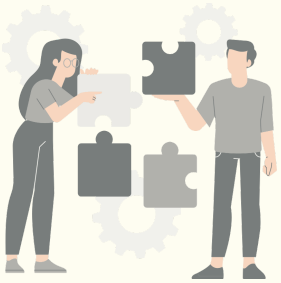
2. Diversity: Teachers in the 21st century must be prepared to work with a diverse student body that may include students with a wide range of backgrounds, cultures, languages, abilities, and learning needs. This requires a deep understanding of equity, inclusion, and culturally responsive teaching practices.





3. Personalization: Teachers in the 21st century must be able to tailor their instruction to meet the individual needs and learning styles of their students. This requires a deep understanding of how students learn and the use of flexible, learner-centered teaching approaches.

4. Collaboration: Teachers in the 21st century must be able to work effectively with colleagues, parents, and community partners to support student learning. This includes being able to communicate and collaborate effectively, share resources and ideas, and engage in professional learning communities.



Overall, the role of the teacher in the 21st century is to be a guide, facilitator, and mentor to students as they navigate their learning journey. Teachers must be adaptable, flexible, and open to new ideas and approaches in order to meet the changing needs and expectations of their students and the education system.

WRITTEN BY: PROF. NICOLETA POPESCU
DESIGEND BY: CODREANU ELENA

# Anyone Can Be A Hero



The minutes before the ambulance arrives are the most crucial ones when it comes to saving someone's life. Knowing how to perform first aid on the one in need can make you a hero. Everyone should know what to do and what a better way to learn this than through a competition?

Our team which consists of 4 members and a leader managed to represent our high school at the national stage of the "Sanitarii priceputi" contest. We were coordinated by our headteacher,

Mrs Emilia Popescu.

Throughout the contest, we had to take some training classes, where we learnt how to manage our emotions when put in critical situations, the CPR technique, different types of burns and fractures, how to stop major bleedings and many others.

The contest itself it was split in two parts: the theoretical test and the test where we had to use the things that we learnt about providing first aid, in order to save two victims in need. During the second test, we split in groups of two and went to each victim, while the leader checked in with the others to get the diagnostics which were essential to make the emergency call. After the ambulance arrived the leader reported to the paramedics what we had done to help.

In conclusion, if this article sparked your interest in learning how to save someone's life, you should definitely apply to this first aid contest or at least take some courses because you never know when you are put in a critical situation.



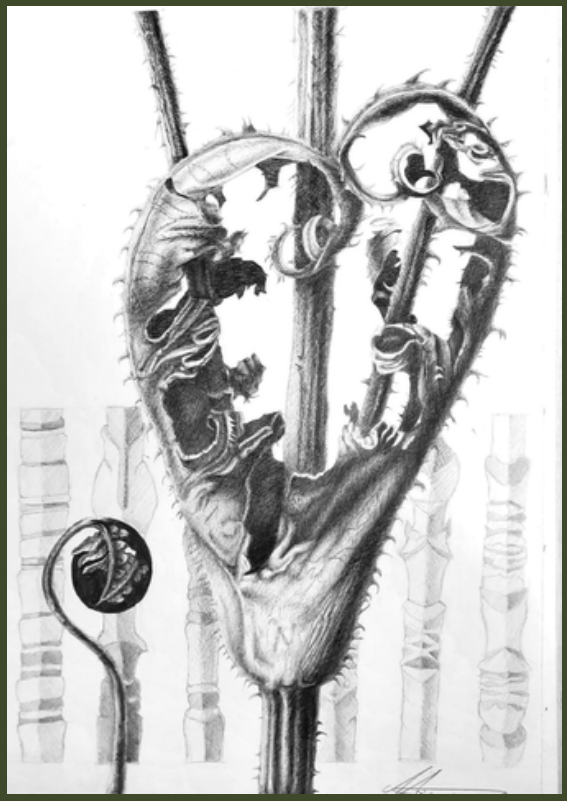
Written by: Căruntu Andreea-Denissa, Iliescu Ana-Maria,
Mocăniță Ioana Delia, Nicolae Alessandra Maria,
Petre Mihai Andrei
Designed by: Oroviceanu Felicia Maria

OWN ARTWORK









Maia Rizea, 9G




Mocanu Diana Crisia, 9G

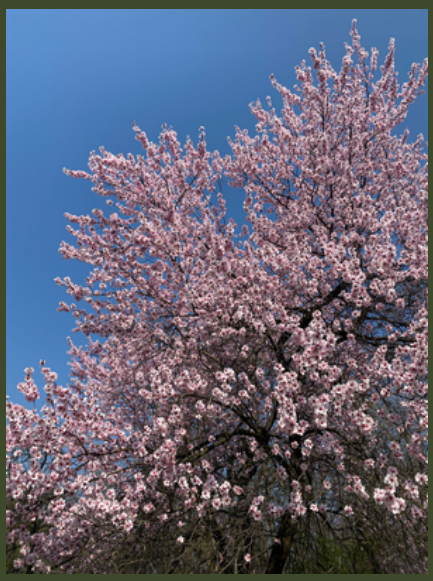



Criscov Alessia, 9H

Codreanu Elena,11D







# Criscov Alessia, 9H








Thank you for reading!